

Locals sharing their Paul requests



The world's largest global newspaper

metro



IFAX • WEDNESDAY, JULY 8, 2009

metronews.ca



July 9, 10, 11, 12

www.LebaneseFestival.Ca

'Best father you could ever imagine'

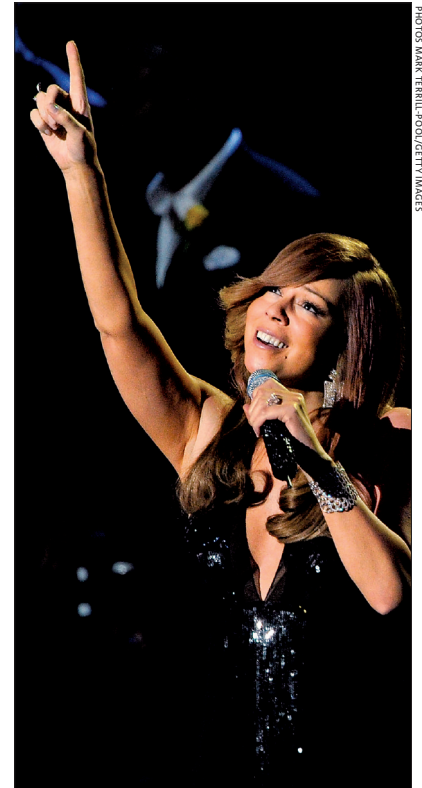
CHILDREN In a memorial to Michael Jackson yesterday that featured superstars Mariah Carey and Stevie Wonder, the moment that may be best remembered came when his 11-year-old daughter Paris spoke a few heart-wrenching words.

Paris was quietly ushered onstage with her brothers as the nearly two-hour event wound down to the strains of Jackson's charity single We Are the World, then appeared to catch even members of her family off guard by addressing the hushed crowd at Staples Center in Los Angeles. Embraced by her aunt, Janet Jackson, who held back her long brown hair and urged her to "speak up," Paris stepped to the microphone, tears streaming down her face, as some in the audience were already filtering out of the sports arena.

"I just want to say, ever since I was born, daddy has been the best father you could ever imagine, and I just wanted to say I love him so much," Paris said, sobbing.

To gasps from the throng of about 18,000 people, she then turned and buried her face in Janet Jackson's arms.

REUTERS



Paris-Michael Jackson, left, looks to the sky before taking to the microphone and giving an impassioned remembrance of her father Michael Jackson at his memorial yesterday. Mariah Carey, right, gave the opening performance at the ceremony with a sweet rendition of the Jackson 5's ballad I'll Be There.

Mourning Michael

Millions tune in to watch final farewell for legendary King of Pop

Mariah Carey, Stevie Wonder and Usher sang emotional farewells yesterday to Michael Jackson, who was hailed as "the greatest entertainer that ever lived."

Some 18,000 fans, family members and friends took part in a public memorial for Jackson in the Los Angeles sports arena where the singer had rehearsed

the day before his death for a highly anticipated series of comeback concerts.

Jackson's brothers, each wearing a single sequined glove in homage to his signature look, carried the singer's golden casket into the downtown Staples Center. The two-hour memorial focused on Jackson's musical achievements, overshadowed in

the last 10 years by the darker side of the singer's life, including his humiliating 2005 trial and acquittal on charges of child sex abuse.

Civil rights leader Rev. Al Sharpton, who has lashed out at media coverage of the bizarre aspects of Jackson's life, had a message for the singer's three children — Prince Michael, 12,

Paris, 11, and Prince Michael II, 7.

"Wasn't nothing strange about your daddy. It was strange what your daddy had to deal with," he said, to cheers.

Police estimated more than 250,000 people descended on the area while TV and online executives pegged the audience as "in the millions."

REUTERS



"Michael taught us to stand with each other."

Brooke Shields



"He was driven by his hunger to ... constantly top himself."

Rev. Al Sharpton



"Michael was the biggest star on Earth."

Magic Johnson

SunnySide

Follow Metro's SunnySide initiative as we help you find the good news around Halifax and Canada.

Today • Retired RCMP officers keep on giving, pg 3



ONE LAST PERFORMANCE OF THE WORLD'S GREATEST SHOW

There are still some good seats left for tonight's Tattoo. This 30th Anniversary production has crowds buzzing and critics raving. If you haven't seen it yet, this is your last chance. Get your tickets now!



TICKETS (902) 451-1221
www.ticketatlantic.com





We will not be undersold.

When you connect your whole home with a Bell Aliant Value Package™, you will get the best price. Guaranteed.

1 866 425-4268 • Visit a dealer • bellaliant.net/bestprice

BellAliant
value just got better

Fire victim identified

Cindy Lou Worthington, 58, has been identified as the victim of a fire that broke out in Sydney Sunday night at an apartment building in the city's north end. Worthington was from Truro, but was living in Sydney for the last couple of years. An autopsy was conducted yesterday in Halifax. **METRO HALIFAX**

3

Local



Rambler claims race title

The American boat Rambler easily won the Marblehead to Halifax Ocean Race early yesterday morning. The race favourite crossed the finish line overnight in the Halifax Harbour in 39 hours, 52 minutes and 38 seconds. As of late yesterday afternoon, no other boats in the 97-class field had made it to the finish line. Rambler is a 90-foot Reichel/Pugh designed Maxi that is based out of Newport, R.I. **METRO HALIFAX**

Condition never relayed

Officer never told colleagues of schizophrenia, inquiry hears

PAUL MCLEOD
paul.mcleod@metronews.ca

The Halifax Regional Police officers who Tasered Howard Hyde 30 hours before his death likely didn't know he was schizophrenic because their colleague didn't tell them, a court inquiry heard yesterday.

Const. Giles Gillis was one of the officers present when Hyde was arrested for assaulting his common-law wife. Gillis testified yesterday that Hyde's wife, Karen Ellet, told him Hyde was schizophrenic and off his medications.

But Gillis never relayed this information to colleagues. About an hour later Hyde, in the midst of a psychotic episode, struggled with officers at the police station and was Tasered. He was then hospitalized and released, but died the next day struggling with jail guards on Nov. 22, 2007.

Gillis, now with the RCMP but at the time a HRP officer with one year's experience, could have had Hyde sent to hospital. Instead Hyde went to po-



Karen Ellet leaves a courtroom during a break from the inquiry into the death of her common-law husband in 2007. Howard Hyde died approximately 30 hours after being Tasered by police.

lice headquarters to be held overnight until he could appear in court.

"I still believe we were

following the right procedure by holding him for court so we could have a judge decide if he needed

"I still believe we were following the right procedure ..."
Const. Giles Gillis

to be evaluated," Gillis told the inquiry into Hyde's death yesterday.

Hyde had a criminal record that made note of his mental illness, which can be grounds for hospitalization instead of incarceration. But after Gillis performed a background check his reports made no note of the Hyde's history with mental illness.

Gillis wasn't able to explain the lack of reporting, other than to say he must not have found the information.

Carol Tooton of the Canadian Mental Health Association said it was troubling that Hyde wasn't sent to hospital for medical help.

"I think that if the police had the appropriate training on how to deal with individuals in a mental health crisis, knowing the background and history of Mr. Hyde they should have sought out professional psychiatric help," she said.

Tasered man off his meds: Wife

PAUL MCLEOD
paul.mcleod@metronews.ca

INQUIRY Howard Hyde's common-law wife tried to tell jail staff the man was suffering a psychotic episode but they wouldn't let her talk, an inquiry heard yesterday.

The day after Hyde, 45, was arrested for assaulting Karen Ellet she called the Burnside jail to tell them Hyde was off his medication and having a psychotic episode.

"(The operator) cut me off. She said we don't talk about anyone in the correctional centre," Ellet testified yesterday at the inquiry into Hyde's death.

An internal audit released shortly after the Nov. 22, 2007, death revealed corrections staff were never formally told about Hyde's condition.

Yesterday Ellet described him as a passive, caring soul who loved sports and music.

"He was just an incredible man," she said.

But the court heard yesterday Hyde suffered from schizophrenia and had gone off his medication because he didn't like how it made him feel. In the weeks

leading up to his death his condition degraded. In one instance he became violent, striking Ellet hard enough to cause severe headaches.

Then, on Nov. 21 he broke down, pacing back and forth and "hollering incoherently." At one point she tried making a call and he struck her in the head with the telephone and threw her on the bed.

"He was very violent and he was unpredictable. He wasn't responsible for himself," said Ellet, who described Hyde as the worst

"I really wanted him to be in the hospital and get the treatment he needed for psychosis."

Karen Ellet

she'd ever seen him.

She called the mobile crisis unit and then 9-1-1. When police arrived Hyde jumped off the back balcony and ran off, despite being bare foot and wearing only shorts in near zero degree weather.

Police caught Hyde shortly afterwards and described him as coherent and co-operative. But over the next 30 hours he would twice try to escape custody, was Tasered and ultimately died in the Burnside jail just hours after Ellet tried to warn corrections staff.

"I really wanted him to be in the hospital and get the treatment he needed for psychosis," she said.

metronews.ca

What's online today.

Video Ramp ceremony farewell for soldiers killed in helicopter crash in Afghanistan, at metronews.ca/canada
Video N.S. police officer didn't tell others that Tasered man was mentally ill, off meds, at metronews.ca/canada
Video Report says chronic seatbelt problem caused fatal Snowbird crash in May 2007, at metronews.ca/canada
Video Canadians at home, abroad say goodbye to Michael Jackson, at metronews.ca/entertainment

Movies showtimes, trailers reviews and purchase tickets at metronews.ca/movies

Retired Mounties help out kids

SunnySide

LESLEY PIKE
for Metro Halifax

CHARITY Four RCMP retirees, wearing suits instead of police uniforms, gathered at Phoenix House in Halifax yesterday to make a \$4,340 donation to Phoenix Youth Programs. The Nova Scotia division of the RCMP's veterans association raised \$30,380 through a charity draw. The money raised was then equally given to seven charities across the province.

"Where possible we try

to connect the charities somehow to our police work," said association member Gary Grant.

Phoenix Youth Programs was established in 1984 to provide a place for homeless youth in Halifax to sleep. Since then it has developed into 10 different programs for at risk youth, including assisted apartment living, a shelter for youth, and prevention programs in junior and senior high schools.

"We don't ever want our youth to have to resort to criminal activities for (the) necessities of life," said

program director Lori Barker.

Terry Ryan, president of the Nova Scotia RCMP veterans association, added some youth have never "had the opportunity like Phoenix provides to keep them out of the mud before they stay there."

"We're trying to help them in that area," he said.

Ryan also said the veteran's association is important because it keeps retired Mounties active in the community.

"We're still doing things, even though we've taken the uniform off," he said.



Gary Grant

News in brief

CRIME A 37-year-old Halifax man will answer to several charges in court next Wednesday, one month after allegedly robbing a gas station armed with a syringe. HRP said yesterday.

day, one month after allegedly robbing a gas station armed with a syringe. HRP said yesterday.

day Bernard Melanson is facing several charges, including robbery. **METRO HALIFAX**

Study looking into lung cancer

LESLEY PIKE
for Metro Halifax

HEALTH A Dalhousie University study is looking into the importance of earlier detection for lung cancer.

The disease is the leading cause of cancer deaths across Canada. In Nova Scotia from 2000 and 2004, almost 2,000 men and 1,296 women died of lung cancer, according to the Nova Scotia Lung Association.

According to the Dalhousie study, when lung cancer is detected in its earliest stage, the survival rate is between 80 and 90 per cent. But by the time lung cancer reaches stage four, the chances of being cured are less than two per cent.

Researchers say also un-

Volunteers

• Researchers are looking for more volunteers in the Halifax region. They want people between 50 and 70 who have smoked heavily for 20 years.

like prostate cancer and breast cancer, there is no screening policy in place for the disease

Dr. Michael Johnson is leading this study in Nova Scotia. He and the other researchers aim to prove Canada needs to include lung cancer screening in health care policy.

"Early detection can save your life," Johnson said. "If you want to wait until symptoms present themselves, it could be too late."

Celebrated flamenco guitar virtuoso Juan Martin is returning to Halifax to perform with a traditional Spanish singer and dancer at St. Matthew's Church on Oct. 8 at 8 p.m. Tickets go on sale Saturday and are \$27.50 in advance and \$32.50 the day of the show. **METRO HALIFAX**

Concert to be filmed

TV The word is out — some concertgoers heading to see Paul McCartney on Saturday could spot themselves on the small screen in the near future.

Power Promotional Events president Harold MacKay announced yesterday the concert will be filmed for use, including a broadcast in the future.

A crew of approximately 75 will be added to the production staff of McCartney's only Canadian performance this summer.

Tickets can be purchased at any Ticket Atlantic box office. They cost \$125 for general admission and \$305 for VIP tickets.

ALY THOMSON/
FOR METRO HALIFAX

News in brief

COURT A Canadian Forces soldier yesterday described the scene inside the tent where Cpl. Kevin Megeney was shot. "Lockers were knocked over ... There was a mat with a small pool of blood on it," testified Sgt. Nathan Crosby at a court

martial looking into Megeney's death in 2007. The testimony suggested Megeney had been playing "quick draw" with Cpl. Matthew Wilcox. Wilcox, 23, of Glace Bay, faces three charges including manslaughter in the death.

CAPE BRETON POST

Set list hopes for McCartney

Prominent locals on what they want to hear during the show

ALY THOMSON
for Metro Halifax

With only four days remaining before Paul McCartney performs at the Halifax Common, people are gearing up for one of the biggest concerts this town has seen.

But with so many hits to choose from the ex-Beatle, one has to wonder what song people want to hear most.

Well, Metro Halifax put this exact question to several prominent locals:

• Premier Darrell Dexter
Song: The Long and Winding Road.

Why: Following a lengthy scrum yesterday at Government House, the premier told reporters "after that, The Long and Winding Road," is the song he wants to hear.

• J.C. Douglas, Q104 program director
Song: Band on the Run.

Why: "I don't think he's ever done that one, probably because it's too taxing on the voice. Wouldn't



Paul McCartney's Saturday concert at the Halifax Common has many wondering what songs the ex-Beatle will be belting out.

that be incredible to hear him wailing away on Oh Darling?"

• Mayor Peter Kelly
Song(s): He couldn't pick one, saying Band on the Run and Come Together are on top of his list.

Why: In regards to Come

Together, he said, "As a municipality, we need to work together with council, the public (and) the communities. It's all about being there for each other."

• Scott Ferguson, interim president and CEO of Trade

Weather watch

• Environment Canada is tickling anticipation, calling for a mix of sun and cloud with a high of 21 C for Saturday's concert.

Centre Ltd.

Song: Eleanor Rigby.

Why: "I was in Grade 8 and my favourite teacher Robert MacDonald, who has since passed away, was a Gordon Lightfoot fan and look-a-like. He had us research and discuss the lyrics in class. He organized a group of students who would stay at lunch to sing and play guitars. It was a lot of fun. I hadn't thought of that for years."

• Coun. Dawn Sloane, Halifax Downtown

Song: Mull of Kintyre.

Why: "Mull of Kintyre reminds me of many local songs that describe the return to home of family, neighbours and friends (after) working away from their hometown, and that yearning to permanently return."



LEAKY BASEMENT?

Protect your home investment!
Wet, leaky basements made dry permanently inside and out.

SENIORS SAVE 10%!

effective • reliable • inexpensive • insured

CWC SYSTEMS Corp. 403-9826

YOU COULD

WIN

WITH

WESTJET



Enter to win a non-stop flight for two from Halifax!

WestJet flies non-stop to eight cities from Halifax including: Calgary, Edmonton, Toronto, Hamilton, London, Ontario, Ottawa, Montréal and St. John's. Enter at metronews.ca to win round-trip flights for two to one of these cities.



ENTER FOR YOUR CHANCE TO WIN! metronews.ca

WESTJET.COM

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes July 3, 2009 at 11:59pm EST. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

metro

Man arrested for smashing windows

A man in his late 50s was arrested early yesterday after smashing a number of windows at a Nova Scotia Liquor Corporation store in Sydney. **CAPE BRETON POST**

local 5

Council gives nod to \$40M four-pad arena

Municipal funds to cover \$15M denied by feds

KRISTEN LIPSCOMBE
kristen.lipscombe@metronews.ca

Talk of new skating rinks for Halifax Regional Municipality took up much of city council's time yesterday, including a decision to move forward with a \$40-million four-pad arena in Hammonds Plains despite being denied federal infrastructure funds.

Councillors voted unanimously to use municipal money to cover the \$15 million they expected to come from Ottawa, Bedford representative Tim Outhit confirmed late last night, adding the arena is on schedule for a September 2010 completion.

Outhit said the province plans to pay its \$15 million portion of the project. But

Speedskating oval

Council also voted in favour of developing a refrigerated long track speedskating oval for the 2011 Canada Winter Games, which would be used

as a recreational outdoor rink after the Games are finished. Potential locations for what city staff called "a legacy" for HRM will be discussed at a later date.

Northwest Arm-South End Coun. Sue Uteck said the city will have to renegotiate with them now that the feds have pulled back.

"HRM, if we don't receive that funding, will have to take on a larger debt burden," she told reporters after council's evening session had wrapped up. "We are now in a \$30-million shortfall on this project."

The city initially planned to pay \$10 million for the facility, with the remainder to come from the other two government levels. But Out-

hit, who represents the area where the rink will be built, said "the plan was always that we would, if we had to, fund even 100 per cent (of the arena)."

"We're really disappointed we didn't get federal funding, but that isn't going to kill us."

Uteck said councillors found out about the feds backing out during a closed door meeting earlier in the day, adding the move could be political, considering Nova Scotians just elected an NDP government.



Construction workers take measurements as they build a new house in the Mount Royale subdivision yesterday. The province is offering a one-time new home construction rebate equivalent to 50 per cent of the provincial portion of the HST. The four per cent rebate is limited to a maximum of \$7,000.

New home rebate plan revealed

ALY THOMSON
for Metro Halifax

Premier Darrell Dexter revealed details of a new home construction rebate yesterday designed to stimulate the economy and create jobs for tradespeople.

Dexter told local media he wants to ensure "skilled tradesmen are able to have work, and are able to stay in the province," especially young tradespeople.

The program will reduce HST on new home construction by four per cent and home builders can receive up to a \$7,000 rebate. Dexter also said the program could run as high as \$10.5 million, and not all applicants will be able to take advantage of the full \$7,000.

Construction

A total of 1,500 rebates will be distributed on an application basis for people who have building permits dated after May 1 and whose home will be substantially completed before March 31, 2010.

Dexter said construction is a major driver of our economy. He said the program not only benefits home builders, but the entire construction industry. "The program is based around the requests from the (construction) industry," Dexter said. "They are the people who are in the best position to decide what's going to have the best effect on the industry itself."

Paul Pettipas, CEO of the

Nova Scotia Home Builders Association, said they proposed the program during last month's election, and he's happy to see the NDP follow through on it.

The program will run on a first-come, first-serve basis for single family, primary homes, the premier confirmed. Program details and applications will be shared with the public when they are finalized later this summer.

Tory interim leader Karen Casey said yesterday the NDP shouldn't take so long to implement the program.

"Valuable decision-making time will be lost and the construction season will pass quickly while the NDP government works out the arrangements of this program," Casey said in a release.

Start Saving Money Today!

CUBA
85¢/min

INDIA
5.9¢/min

PHILIPPINES
11.9¢/min

Latin America

Colombia.....	3.9 ¢
Ecuador.....	12.9 ¢
Guatemala....	10.9 ¢
Guyana.....	27.9 ¢
Honduras.....	15.9 ¢
Trinidad.....	7.9 ¢

South Asia

Afghanistan..	24.9 ¢
Bangladesh....	3.9 ¢
Bhutan.....	15.9 ¢
Nepal.....	7.9 ¢
Pakistan.....	5.9 ¢
Sri Lanka.....	11.9 ¢

Middle East

Egypt.....	14.9 ¢
Iran.....	3.9 ¢
Syria.....	18.9 ¢
Lebanon.....	9.9 ¢
Saudi Arabia...	3.9 ¢
U.A.E.....	16.9 ¢

Comwave Guarantees you the Lowest Rates to Call Anywhere in the World, For Life. So Even if you're Paying Less than our Advertised Rates, Call Today and we'll Beat it... **GUARANTEED!**

**No Matter Where
You Call,
No Matter What Rate
You Pay,
Comwave Will Beat it...
Guaranteed!**



The Comwave Bundles

**INTRODUCING
The
North America 500**

\$5/month = 500 Minutes per Month



only 1¢/min

Call over 20 Countries

only 1¢/min

The Comwave Global Bundle

\$10/month = 1000 Minutes per Month = 1¢/min



**Make Long Distance calls to Anywhere
in the World from your Cell Phone at
Comwave's GUARANTEED Lowest Rates**



- ✓ No need to cancel your service provider.
- ✓ \$10 Free Long Distance for every friend you refer
- ✓ No Contracts



comwave 1-866-519-8090

Long Distance: Comwave guarantees to match or beat your rate today and forever. Rate Guarantee is based on competitors' lowest advertised rate or written quote for like services. Terms and conditions apply. Please see www.comwave.ca for full details. Calls to overseas mobile phones may be billed at a higher rate. The Comwave Global Bundle does not include calls to overseas mobile phones. Calls to Argentina on this bundle are to Buenos Aires. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paulo. Calls to Mexico on this bundle are to Mexico City and Monterrey. Calls to Russia on this bundle are to Moscow and St. Petersburg. North America 500 does not include calls to the Yukon, Nunavut, Hawaii, Alaska or N.W.T. Terms and Conditions apply see www.comwave.net for details. While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time.

Canada's housing market has bounced back sufficiently from an "awful winter" for prices and unit sales to stabilize by the end of the year, Royal LePage said yesterday. **REUTERS**

Canada



Tories regain slight lead: Poll

The Conservative party, led by Prime Minister Stephen Harper, left, has regained a slight lead in popular support over the opposition Liberals and appears set to gain momentum over the summer, a poll released yesterday showed. The Strategic Counsel survey put the Conservatives ahead of the Liberals for the first time since April. The poll showed the Conservatives with 34 per cent support and the Liberals with 33 per cent. **REUTERS**

Florida Countdown to liftoff



SCOTT AUDETTE/REUTERS

Canadian Space Agency astronaut Julie Payette arrives at the Kennedy Space Center in Cape Canaveral, Fla., yesterday. The space shuttle Endeavour is scheduled to launch July 11 on a mission to the International Space Station.

Warming to a target

Canada to agree to ambitious climate change goal

Canada is set to agree to a tough global warming target of no more than two degrees Celsius at a gathering of world economic leaders in Italy that gets underway today, an official said.

Prime Minister Stephen Harper arrived last night and travelled to the quake-shattered city of L'Aquila, where the summit of the Group of Eight industrialized countries will be held.

Hours before landing in Rome, a senior Harper official signalled a different approach to climate change — one that environmental activists and European gov-

Pope's view

Pope Benedict XVI is calling on world leaders to bring in economic rules to temper the excesses of the past.

ernments had hoped for.

Press secretary Dimitri Soudas suggested Canada would not oppose a declaration that global warming should not be allowed to exceed two degrees from pre-industrial temperature averages.

It's a limit that the European Union, the U.K. and some developing countries

have argued is critical to curbing widespread environmental damage.

"We're relatively open and supportive of that," said Soudas.

Agreement on a limit to global temperature rises is believed to require tougher short and mid-term actions by countries such as Canada to cut back on their greenhouse gases.

The Conservative government, though it endorses the fight against global warming, has postponed tough regulations on large industrial "greenhouse gas" emitters.

TORSTAR NEWS SERVICE

News in brief

MEMORIAL Hundreds of soldiers assembled at Kandahar Airfield yesterday to bid farewell to two Canadian soldiers killed in Afghanistan, CBC News Online reports. Troops solemnly saluted the caskets bearing the bodies of Master Cpl. Patrice Audet, 38, and Cpl. Martin Joannette, 25.

METRO NEWS SERVICES

Federal funding of Pride Week faces Tory backlash

FUNDING Toronto's gay pride week may have seen its last cheque from Prime Minister Stephen Harper's government, after this year's \$400,000 contribution provoked a backlash from within the ranks of MPs and Conservative supporters.

And Tourism and Small Business Minister Diane Ablonczy appears to have been disciplined, losing her power to make announcements of handouts from the \$190-million Marquee Tourism Events Program, which funded the event.

Brad Trost, a Saskatchewan Conservative MP, spoke out publicly this week against federal support for Pride Week, arguing that the government caucus and Harper's own office was caught off guard by Ablonczy's announce-

ment of support.

"The pro-life and the pro-family community should know and understand that the tourism funding money that went to the gay pride parade in Toronto was not government policy," he said.

TORSTAR NEWS SERVICE

Dispute resolved

The Canadian Olympic Committee has dropped its opposition to a trademark application by Interactive Male, a gay men's chat line, over a logo.

HALIFAX COMMON CONCERT SITE

Sir Paul McCartney
July 11, 2009

KISS
July 18, 2009

STAGE

VIP

MAIN ENTRANCE

BOX OFFICE

ENTRANCE

FIRST AID

POLICE

CONCESSIONS

BEER TENT

BEER GARDEN

FIRST AID

PORT-A-POTTIES

QUICK FACTS

- Gates on the Halifax Common open: 9:00pm for Paul McCartney - Saturday, July 11th; 2:00pm for KISS - Saturday, July 18th.
- Largest ever video screens in HRM on site for Paul McCartney's show!
- Bring a chair (fold in bag)
- Don't forget photo ID (for those 19+)

DO'S and DON'T'S

Halifax Rocks 2009 would like to remind concertgoers of the following rules and regulations. The following items are to ensure the safety of all in attendance.

The following items **ARE NOT ALLOWED** inside the venue:

- cans or alcoholic beverages
- video/audio recording equipment
- umbrellas or strollers
- hammers
- frisbees
- pets
- knives or weapons of any kind
- bulk food unless for medical reasons
- laser pointers
- hard-sided coolers
- bicycles, skateboards, roller blades or scooters
- camping equipment of any kind
- illegal narcotics UNLESS prescribed and in the container marked with the item and the name of the holder
- one litre of water is allowed.

Please note that one (1) fold-up bag style chair is allowed per person. * Paul McCartney show only *

ROBIE STREET

CUNARD STREET

NORTH PARK STREET

CORSWELL STREET

ticket your event connection **atlantic.com**

MOLSON

City

Coca-Cola

Bodies spotted off Tanzania believed to be from doomed Yemeni airliner

Tanzanian authorities have spotted some 13 bodies believed to be from a Yemeni airliner that crashed into the sea off the Indian Ocean archipelago of Comoros last week. Only one survivor out of 153 people on board has been found. **REUTERS**

7

Oil demand rising as economy improves

The U.S. Energy Information Administration yesterday once again raised its world oil demand forecast for this year as the global economy gradually improves. In its monthly energy outlook, the EIA increased its 2009 global oil demand projection to 83.85 million barrels per day, up 170,000 from its June estimate of 83.68 million. World oil demand this year is still well below 2008 levels of 85.41 million barrels per day. **REUTERS**

World



If only Uighurs were Buddhist



Mona Eltahawy
Global View

Pity the Uighurs — the wrong kind of minority fighting the wrong kind of enemy.

In China's worst ethnic unrest in years, Uighurs took to the streets of Urumqi, capital of the western province of Xinjiang, on Sunday. They are believed to have been angered by government handling of a June clash between Han Chinese and Uighur factory workers in southern China, where two Uighurs died, news agencies reported.

The Chinese government quickly blamed exiled separatists, arrested dozens and tried to curb information flow by stifling the Internet. Yesterday, Han Chinese armed with iron bars and machetes went looking for revenge on Uighurs.

But as Reuters pointed out, the underlying cause of the unrest most likely was long-standing economic, cultural and religious grievances that have built up among the Uighurs over decades of tight central rule.

If only the Uighurs were Buddhists like the Tibetans, who just 18 months ago had their own uprising in Tibet's capital Lhasa.

We'd be having Free Xinxiang concerts already courtesy of Bjork, Sting, Bono and all those other one-named saviours of the world's poor and oppressed. If only the Uighurs were a

minority in a country that didn't produce half the goods we use and which wasn't quickly threatening to turn into a superpower. Perhaps then the U.S. State Department would issue more threatening words of its own. Instead, they're Muslim and us Muslims don't get much love these days. And just as importantly, the Uighurs are facing off with the wrong kind of enemy. If the "West" ignores Uighurs because they're not as cuddly as the Tibetans or their leader the Dalai Lama, then where are the Uighurs' fellow Muslims? Uighurs are a Turkic people who are largely Muslim.

Many Muslims pay attention only when the U.S. and Israel are doing the oppressing. China is the wrong kind of enemy. Look at Darfur, where the suffering goes ignored because its victims are black and because those who are creating the misery in Darfur are not Americans or Israelis. We only pay attention when America and Israel behave badly.

Speaking of Darfur, China is one of Sudan's biggest trade and arms partners. Sudanese President Omar Bashir, who last year wanted to try a British teacher for instigating Muslims by naming a class teddy bear "Mohammed," won't be rushing to condemn Chinese oppression of Uighurs.

Perhaps Israel can save the day and invade Xinxiang.

Mona Eltahawy is an award-winning Egyptian-born commentator and public speaker on Arab and Muslim issues. She reported on the Middle East for 10 years before moving to the U.S.



A protestor takes part in a demonstration in the centre of Munich yesterday against the deadly riots in China's northwestern region of Xinjiang.

Out for revenge

Angry Han Chinese gangs roam tense city

Han Chinese armed with iron bars and machetes roamed Urumqi city yesterday seeking revenge on Uighurs.

Two days earlier, bloody ethnic clashes had killed 156 people and wounded more than 1,000.

Outnumbered riot police used tear gas to try to disperse thousands of angry protesters who flooded the capital of the northwestern region of Xinjiang.

In a sign of government anxiety about the unrest, the city's Communist Party boss Li Zhi took to the streets to plead with protesters to return home.

Overnight "traffic restrictions," originally announced as a curfew, took effect to halt the violence. Security forces inter-

vened to stop fighting, breaking up a battle between hundreds of rock-throwing Han and Uighurs and forcing a Han mob to leave a building in a Uighur area. There were no reports of deaths.

Riot police stood by warily as crowds vented their anger by throwing rocks at a mosque and smashing

owned by Uighurs.

"They attacked us. Now it's our turn to attack them," said a Han man.

Protesters carried an arsenal of meat cleavers, spades, rocks and clubs.

The most extreme shouted "kill them" and "exterminate the Uighurs."

REUTERS

Obama courts Russians

POLITICS U.S. President Barack Obama appealed to the Russian people yesterday to join the United States in overcoming past differences.

He urged both powers to build a prosperous democratic future free of corruption and the threat of nuclear war.

Broadening his message of a "reset" in relations between the two former Cold War superpowers on the second day of a visit to Moscow, Obama said citizens, business people and companies all had a part to play in improving ties and boosting trade.

"America wants a strong, peaceful and prosperous Russia," Obama told students at Moscow's New Economic School.

"Look to the future that can be built if we refuse to be burdened by the old obstacles and old suspicions."

Obama added: "People everywhere should have the right to do business or get an education without paying a bribe." **REUTERS**

YOUR EVERYDAY FITNESS-TRAINER!

SANO shoes - for a better body shape



- Burns excess calories.
- Promotes a better body shape.
- Activates blood circulation.
- Prevents cellulite.
- Improves physical condition.
- Tones and tightens abdominal, leg and buttock muscles.

SANO
ACTIVATES BODY & SOUL
by MEPHISTO

6061 Young Street, Halifax
Tel.: (902) 423-8288
www.ohmysole.com

Oh My Sole!



www.sanoshoes.com

chillin' metro's kooolest

The Best Halifax has to Offer

Metro News and Kool 96.5 want YOU to weigh in on the city's coolest places to eat, party, shop — you name it!

Go to metronews.ca or kool965fm.ca to register your choice for this month's category:

Metro's Kooolest Patio!

One lucky player will win a prize pack valued at over \$100!

metro
Do it daily.

We Play Anything.
KOOL
96.5 FM

LOCAL

Publisher, Greg Lutes
Managing Editor, Philip Croucher

Sales Manager, Dianne Curran
Distribution Manager, April Doucette

NATIONAL

Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mktg Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Comment

Dumping on Toronto

Strike means trash piling up in 'centre of the universe'

TheWestView

Paul Sullivan

metronews.ca/thewestview

If there's one thing that unites all Canadians, even *les citoyens* of the Nation of Quebec, it's our sea-to-shining-sea disdain for our largest city, Toronto.

I should make it clear this bad attitude is a defence against Toronto's tendency to fancy itself as the centre of the known universe (CKU), its boundaries Cottage Country to the north, Mississauga to the west, Scarborough to the east and New York to the south.

Oh, and there's an Ottawa bureau. There was a time I thought Toronto was merely misunderstood, but that was until I lived and worked in the CKU for our

"national" broadcaster, which had a bad case of Toronto-itis, no matter how it pretended to behave otherwise.

I soon learned all the important news came from Toronto, while the rest of the country was a vast and chilly hinterland, good for soft features about cute animals and farmers, out standing in their fields, suffering.

Of course, Toronto's myopia infuriates the rest of us 30 million Canadians, so we make remorseless fun of its endless pretensions, especially its hockey team, which has been wilting on the tree since 1967, the last time the Leafs won the Stanley Cup and the last time there were six teams in the NHL.

This fact alone is

usually enough to haunt the nightmares of Torontonians, but now they have a real nightmare to contend with. We're talking trash, Toronto trash in particular, thanks to a civic workers' strike that's gone on for two weeks and continues with no end in sight.

Garbage is being temporarily dumped at various locations around town, including Christie Pits, which is Toronto's idea of a park. Anyone from out of town might not be able to tell the difference, but believe me, Torontonians can and the trash is driving them nuts.

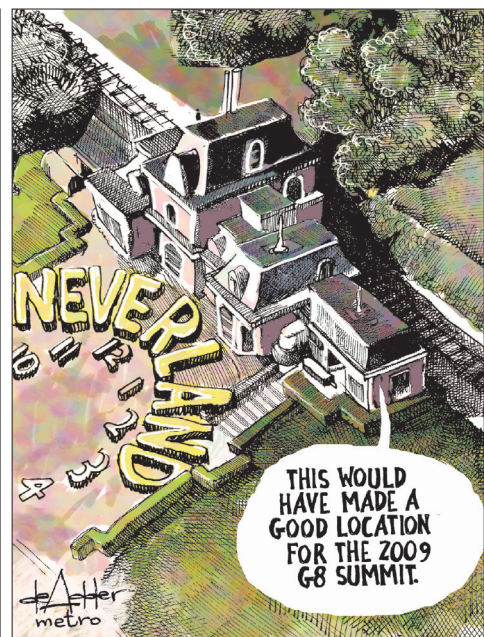
Of course, that's all they can talk about; forget the rest of us and our cute animals.

If you've ever spent a summer in Toronto, you'll never forget that toxic soup of heat, humidity and the aroma of millions of bags of trash piled up on the curb on pickup day, seeping sludge. Now it's like that 24/7. Only worse. You can smell it all the way to Vancouver, past the noses of the suffering farmers, as if they didn't have enough to worry about.

Canada's self-proclaimed "national" paper, the *Globe and Mail*, likes to call Vancouver's Downtown Eastside Canada's Slum, based on some patronizing notion. We should return the favour and adopt Toronto and its trash for the duration of the strike so our greatest city does not feel abandoned in its hour of need.

Tonight on the National with Peter Mansbridge: Toronto: Canada's Dump.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.



Letters

Michael Jackson was human, with his own faults

Michael Jackson is a tragic loss to the music world and humanity. I applaud this man for his musical genius. I thank him for the many years of pleasure his music has and will continue to give me.

There are those who mock him. Instead of mocking him, I ask that you ask yourselves why this man disfigured his face and acted in other unconventional/strange ways. Not long after Jackson died, his father shamelessly plugged his own record label during a CNN interview about his dead son. Can you imagine how many other vultures were

surrounding Jackson during his life?

Yes, ultimately, Jackson was responsible for his own actions. He was human, with faults.

Yes, it was foolish to proclaim to the world that he played with/tucked young boys into his bed. Yes, this is inappropriate behaviour for a man.

Like the jurors who acquitted him, I choose to believe Jackson was innocent. I like to believe there is good, that there is still innocence in this world, and it's not just limited to children and animals.

I hope the angels will protect him and he will finally rest in peace.

IRENA MISTAUTAS,
OAKVILLE, ONT.

Word on the street: In these tough economic times, should unions be making more concessions?

Frank Laba

age 55, Halifax

A: They should probably do their best not to, but in some cases if they don't they may not have a job to return to.

Peyton Harris

age 33, Beechville

A: Probably yes, because it's sort of out of necessity that they do that ... I think everybody has to give a little bit in order to make things work right now because of the recession.

Jeremy Lacko

age 27, Halifax

A: I definitely think they should be taking pay cuts. It will help everyone out in the long run.

Lucie Desjardins

age 35, Ottawa

A: Yes. I work for a company where we haven't had a pay raise in years and benefits are not getting better — they're actually removing a lot of them.

Ian Campbell

age 57, Edmonton

A: Yes. It has to be 50/50. Both the company and the employees need to co-operate or else the companies could get someone else to work.

Vicki McCann

age n/a, Vancouver

A: That's very case specific. You'd have to take each individual case into account and apply common sense.



Quote of the Day

"Michael, when you left us, a part of me went with you ... I will treasure the good times, singing, dancing, laughing ... We will never understand what he endured ... being judged, ridiculed. How much pain can one take? Maybe, now, Michael, they will leave you alone."

— BROTHER MARLON JACKSON AT MICHAEL'S MEMORIAL SERVICE
TORSTAR NEWS SERVICE



Tell us your views by email to halifaxletters@metronews.ca or comment on metronews.ca or on Twitter @metrohalifax
Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Fed up with fees? Follow this feed

ING Direct has launched a new service called Fee Tweeter, available at <http://FeeTweeter.fairfees.ca> or through the Twitter stream at twitter.com/FeeTweeter that allows Canadians fed up with banking fees to tweet about their gripes and keep track of how much they are actually spending. **METRO NEWS SERVICES**

9

Business

DOLLAR			OIL		TSX
	C\$	85.76¢ US		\$62.93 US	
	US\$	\$1.1661		\$1.12	
0.51¢					1,069.56
					4.93

EDITOR: FERMIN.DESOUZA@METRONWS.CA

Bankruptcies jump by 31%

Bankruptcies in Canada continued to soar in May versus year-earlier levels as consumers succumbed to crushing debt loads and job losses, but the tally improved modestly from April.

Results released yesterday by the Office of the Superintendent of Bankruptcy Canada showed a total of 10,364 bankruptcies registered in May, up 31 per cent from May of last year. Last month's total fell nearly 10 per cent below April's 11,465 bankruptcies.

Industry experts were doubtful that May marked a turning point in a string of soaring bankruptcies in recent months. "I'm not confident that it's the light at the end of the tunnel," said Andy Fisher, a bank-

ruptcy trustee with A. Farber & Partners, which has locations around the GTA and Ontario. "June was probably the busiest month we've ever had," catering to debt-swamped Canadians being chased by creditors, he said.

"There's so much more credit available to people than there was a generation ago," Fisher said. Amid widespread job losses and reduced incomes "struggling people see credit as a way to get by," he said. "Attitudes have changed. It's not a stigma to have credit."

But many who have embraced credit clearly can't keep up. The May figures include 9,900 consumer bankruptcies, up about 34 per cent from a year earlier.

TORSTAR NEWS SERVICE

England Farm show ends run



A handler is nuzzled by a bull during the 160th Royal Show in Stoneleigh, central England yesterday. The agricultural event is being cancelled after this year because of poor attendance due to weather, outbreaks of foot-and-mouth and bluetongue.

Business in brief

MEAT Higher meat prices may be in store next year as North American farmers thin herds of cattle and pigs. Feed costs and low pork exports due to H1N1

flu fears dog livestock producers, with Canadians hit by narrowed U.S. access to animals because of country-of-origin labelling and drought. **REUTERS**

Canada purchasing and building plans spike suddenly in May, June

INDEX Canadian purchasing activity and building intentions leapt back to life in June and May, respectively, soaring past expectations and suggesting the pace of economic contraction is slowing.

However, bankruptcies by companies and individuals jumped 31 per cent in May from a year earlier, though they were down nearly 10 per cent from the previous month.

The Ivey Purchasing Managers Index rose to 58.2 in June from 48.4, while markets expected a

Starts may rise

A separate report by Statistics Canada pointed to a possible increase in housing starts in coming months.

rise to just 50.3. A reading of 50.0 shows activity stayed flat from the previous month, while a higher reading means an increase and a lower reading reflects a slowing. June and April have been the only months since last November in which the index was above 50. **REUTERS**

Looking for People Who Get It!

RAMEY INVESTMENTS

Blaine Conrad, CFP
Financial Planner

bconrad@rameyinvestments.com 488-0166

FULLY LOADED MEAL CONTEST

LOOK IN TOMORROW'S METRO FOR 1 OF THE 4 KFC WORDS

KFC CRUNCH **KFC CHICKEN** **KFC SALAD** **KFC FRIES**

*Reg. TM/© Yum! Restaurants International (Canada) LP; Used under license.

COPD SUPPORT GROUP

ADVERTISING FEATURE

THE  LUNG ASSOCIATION™
Nova Scotia

Do you or someone you care about suffer from chronic lung disease? Join others who know what it means to live with chronic lung disease, in a positive, fun and informative group setting. Share your experiences, learn to manage your disease even better, and have some fun!



Joseph Howe Superstore
July 13, 2009
6:30 p.m. - 8:00 p.m.
3601 Joseph Howe Dr. Halifax

For everyone with chronic lung disease and their spouses, family, and caregivers.

To sign up or for more info
Call: 443-8141 ext 26
Email: JayneNorrie@ns.lung.ca

Lung Association Volunteer speaks out for COPD

I volunteer with The Lung Association of Nova Scotia because I see great things happening in the fight against lung disease, especially Chronic Obstructive Pulmonary Disease (COPD). My father lost his struggle with emphysema after a long and courageous battle. I know first hand how devastating this journey can be on a family.

Lung disease is not pretty. This year The Lung Association of Nova Scotia is ready to roll out its new COPD Support Group. This group is about good people helping good people. It will provide education on lung health and disease management, but more importantly it will reduce the sense of isolation those living with chronic lung disease feel, by getting people out of their homes, meeting new people, and building new friendships.

Yours in lung health,
Muriel States
The Lung Association of Nova Scotia Volunteer



P.S. If you or someone you love has COPD, chronic lung disease or lung cancer, and you would like to join our support group, please call Jayne Norrie at 443-8141 ext 26 for more information. It would be great to have you with us!

RECOMMENDED BY METRO READERS

Top 5 Chiropractors

-  **Dr. Stephen Dwyer**
"With a great sense of humour, Stephen can make even the worst back pain seem manageable."
-  **Dr. Rob Rukavina**
"excellent chiropractor"
-  **Dr. Bradley Lohrenz**
"I highly highly recommend him! It seems there is a chiro on every corner, but he stands out among all the rest!"
-  **Dr. Brent MacNeil**
"I've only been once but Brent really helped my back. Recommended!"
-  **Dr. Mark Bodnar**
"I was living in pain until I went to Bedford Chiropractic. Dr. B is fantastic at what he does and he's a really nice guy too. :)"

Visit metronews.ca/gigpark for thousands of reader recommendations

Powered by  and 

The Halifax Pelham Molson Canadians beat the Truro Bearcats 6-5 in 11 innings last night in Nova Scotia Senior Baseball League play at Mainland Common. Chris Munroe came on in the eighth and earned the victory, while Jay Turple drove in the winning run with the bases loaded. **METRO HALIFAX**

Sports



Talbot undergoes surgery

Pittsburgh Penguins forward Maxime Talbot had successful shoulder surgery yesterday and a timetable for recovery is expected to be four to five months, the club announced. The 25-year-old Talbot tallied both goals in the Penguins' 2-1 win in Game 7 of the Stanley Cup Finals over Detroit last month.

METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Flying back to Russia

Herd's Yuri Cheremetiev to attend Moscow team's training camp

MATTHEW WUEST
matthew.wuest@metronews.ca

Yuri Cheremetiev's Russian is rusty and he hasn't been to his native Moscow since he was four years old.

But the 20-year-old Halifax Mooseheads' forward is hopping on a plane today and heading overseas to get reacquainted with his birthplace and begin his quest to earn a job with CSKA Moscow of the new Kontinental Hockey League.

Cheremetiev, who was raised in Stoughton, Mass., will spend the next 10 days sightseeing and working out to get ready for CSKA's training camp beginning on July 20.

"I have no idea what it's like," said Cheremetiev, who had 49 points in 65 games last season to co-lead the Mooseheads. "It's a great opportunity to see Russia and where I was born, and I'm excited to see the culture there."

It's also a chance to play for a team he grew up revering. CSKA, which drafted Cheremetiev 33rd overall in last month's inaugural KHL draft, has produced legends such as Igor Larionov, Slava Fetisov and Sergei Fedorov, not to mention one of Cheremetiev's childhood coaches, Vladimir Lutchenko.

Lutchenko and Cheremetiev's dad, Vadim, started a hockey school in Stoughton where Yuri honed his skills.

"I always heard about that team and as long as I can remember it was my dad's favourite team growing up," Cheremetiev said. "It's really cool now to have a chance to play for them."

The KHL is filled with



Halifax Mooseheads forward Yuri Cheremetiev is hopping on a plane today and heading overseas to begin his quest to earn a job with CSKA Moscow of the new Kontinental Hockey League.

Former Herd captain signs with Belfast Giants

• Brandon Benedict is headed to Northern Ireland.

The former Halifax Mooseheads captain has signed with the Belfast Giants of the United Kingdom-based Elite Ice Hockey League, according to the team's official site.

"Benny is a legit first-liner," said Giants head coach Steve Thornton in the press release. "He plays with grit, skates very well and is very creative ... He will be an impact player for us and will play big minutes in all situations."

Benedict, 27, split last season between Denmark and the Central Hockey League. He returned from Europe at mid-season and had 34 points in 34 games with the Texas Brahmas en route to a Central Hockey League championship.

NHL-calibre talent and won't be easy to crack. When asked if he'd be back in Halifax for his over-age campaign in August, Cheremetiev said he's "not sure what's best" for his hockey career at

this point.

He has a couple of possibilities for tryouts at NHL training camps, but for now, he's focused on the KHL.

"This is a huge opportunity to showcase how I've

improved over the summer and how I've improved over the past year," he said. "I've grown a lot, mentally and physically. My goal is to go out there and prove I deserve a spot on the team."



Astana team riders cycle during the 39 km team time-trial for the fourth stage of the 96th Tour de France yesterday.

Lance closing in

TOUR DE FRANCE Seven times champion Lance Armstrong missed out on taking the Tour de France leader's yellow jersey by a fraction of a second after his Astana team won the fourth stage time trial yesterday.

Swiss Fabian Cancellara held a 40-second lead over Armstrong going into the stage, and that was the time by which Astana beat the yellow jersey holder's Saxo Bank team, forcing race stewards to check the rule book.

The results of Saturday's opener in Monaco were taken into account, helping Cancellara retain the jersey he had seized in the

principality.

"It's Swiss timing," said Cancellara who now has the same overall time as Armstrong.

Astana completed the 39-km course in Montpellier in 46 minutes and 29 seconds, 18 seconds quicker than Garmin with Saxo Bank third.

"It makes me miss the beach I was on for four years before all this," said Armstrong, who last wore yellow in Paris in 2005 before retiring for 3½ years.

"It's a little bit of a disappointment because I really thought about the yellow jersey. But that's cycling," the 37-year-old added.

REUTERS

Sakic ready to retire: Report

NHL After 20 NHL seasons, Colorado Avalanche forward Joe Sakic is reportedly ready to hang up his skates.

The team has scheduled a press conference tomorrow at which he is expected to make his announcement.

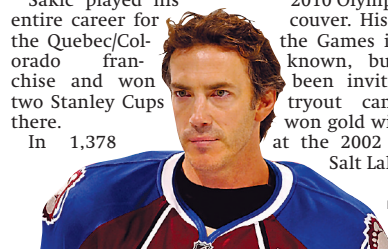
Sakic played his entire career for the Quebec/Colorado franchise and won two Stanley Cups there.

In 1,378

games, Sakic posted 625 goals and 1,016 assists for a total of 1,641 points, good for eighth on the NHL's all-time point leaders list.

Sakic has said in the past that he hoped to be healthy enough to play for Team Canada at the 2010 Olympics in Vancouver. His status for the Games is now unknown, but he has been invited to the tryout camp. Sakic won gold with Canada at the 2002 Games in Salt Lake City.

METRO NEWS SERVICES



Sports in brief

GOLF Mireille LeBlanc begins her defence of the Nova Scotia Golf Association's women's amateur championship at the Grandview Golf and Country Club in Westphal today. The Clare standout led Jackson State to its fifth straight Southwestern Athletic Conference championship this

past April, earning all-Conference honours. The men's tournament also gets underway today at the Osprey Ridge Golf Club in Bridgewater. **BASKETBALL** Halifax's Christian Upshaw and the Canadian men's basketball team was eliminated from medal contention at the Summer

Universiade in Belgrade, Serbia, yesterday. Canada lost 89-81 to Israel and heads to the consolation round. In men's volleyball action, Canada — featuring Max Burt and Sander Ratsep of the Dalhousie Tigers — won its pool with a 4-1 record and moves on to tomorrow's quarter-finals.

GOLF Adam McNeil of the Eden Golf and Country Club won the Nova Scotia Golf Association midget boys championship in a playoff yesterday at The Links at Montague in Dartmouth. Oakfield's Emily Romkey took the female crown.

HOCKEY Twenty-four Nova Scotians are among the 59 players invited to the Atlantic under-18 women's hockey summer evaluation camp from July 12 to 17 in Wolfville. The list includes eight goaltenders, 19 defencemen and 32 forwards. Twenty players will be selected to

compete at the Canadian under-18 championship in Surrey, B.C., from Nov. 4 to 8. **BASKETBALL** Dani Everitt has been named an assistant coach with the Dalhousie Tigers women's basketball team. She is a former all-Canadian with the Victoria Vikes.

METRO HALIFAX

free smart service

smart Canada recently announced that free scheduled maintenance will now be included on every new smart. The coverage runs for three years or 54,000 km, whichever comes first. **METRO NEWS SERVICES**

11

Metro Drive



Bag the Benz

A series of handbags made from seatbelts will now be offered through Mercedes-Benz dealerships in Canada, made by Harveys Original Seatbeltbags and featuring the auto brand's logo. Prices for the bags range from \$92.50 to \$179.50. **METRO NEWS SERVICES**

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Hip to be Nissan Cube

Trendy model aims to be 'home on wheels' for young drivers

LORNE DRURY
for Metro Canada

It's been said many times before that everything old is new again in the automotive world.

Take Nissan's new Cube compact wagon.

Although it's a newcomer to the North American stage for 2009 after making its debut in Japan way back in 1998, the Cube's squared-off design is really not all that new.

Think back to the early days of the automobile and cars that we remember like the Ford Model A and Model T. Both had that boxy, squared-off look that



This third-generation Nissan Cube is now available across Canada.

2009 Nissan Cube

Type: Compact entry-level wagon

Price: \$16,998-\$21,498

Engine: 1.8-litre 16-valve DOHC four-cylinder engine (122 hp, 127 lb/ft) with six-speed manual transmission optional CVT automatic

Highlights

- Ideal for urban driving
- Roomy interior
- Fashionable

was common with automobiles of the day.

Fast forward to 2009 and the Nissan Cube enters a marketplace already featuring the Kia Soul and the Honda Element with similar "box on wheels" type designs in a marketplace that for years has been dominated by vehicles with curvy, flowing lines.

Nissan is hoping the Cube resonates with a younger audience thanks to its, well, Cube-like design.

Because of its boxy,

unique design, the Cube is both functional and distinctive in an entry-level segment made up largely of look-alike vehicles.

And to allow customers to further personalize their Cubes, a variety of accessories are being offered right from launch time rather than a few months down the road as usually

happens with a new model.

Among the accessories is a funky interior accent illumination package that allows the driver to select from 20 different colours or have the colours cycle automatically.

Already available at dealerships in Canada, the Cube is offered in two trim levels. Both offer the same

122 hp 1.8-litre four-cylinder engine, starting at \$16,998 for a six-speed manual and \$18,298 with a continuously variable (CVT) automatic transmission.

The interior can be seen as a "home away from home" or a room on wheels for the digital generation that is always connected,

thus the optional technology package not usually offered in entry-level vehicles. Despite its compact size on the outside, the Cube is surprisingly roomy inside with its high roofline and wide stance.

The Cube is a vehicle ideally suited to city driving, with a short turning circle (10 m or 32.8 ft), a short hood that makes it easier to park in tight situations and good rear visibility.



Cube giveaway

- Nissan Canada recently awarded the Cube to 50 Canadians for the creativity displayed through Hypercube, the nationwide, four-month-long social media campaign. The winners were announced at events simulcast in Toronto (pictured), Montreal and Vancouver. The Hypercube community established over the past few months will continue beyond the event as winners blog about their life with the Cube for the next year.

Come Join our Team

DARTMOUTH DODGE COLLISION

Has an immediate opening for a qualified licensed Body Tech with a strong work ethic & a positive team player attitude. A rare opportunity to join a solid company with a management team with over 40 years experience. 10 solid DRP contracts. Guaranteed hours.

- Must have min. 3 years experience
- Inter-provincial license/ journeymen certificate
- 1 car training an asset
- Able to work unsupervised in a fast paced modern environment
- Flat rate shop
- 2 stalls working space
- Industry competitive pay plan with excellent medical/dental plan
- Company uniforms provided
- Willing to commit to ongoing education & training
- Willing to work overtime as required
- Ability to paint with water borne paint system an asset

Dartmouth Dodge LP is a partner of the **Auto Canada Group** & the first Automotive group in Canada to go public.

Qualified, interested candidates can email resume to ddoig@ddodge.com or mail resume to Dartmouth Dodge Collision Centre 61 Athorpe Dr Dartmouth B2W 1K9



SUMMER HEAT TOUR

You name it and Z103.5 will be there!

Listen to Z103.5 for the hottest parties and events – you could win a 2010 Kia Soul courtesy of O'Regan's Kia and Z103.5

Visit z103halifax.com for details!

Proudly sponsored by



Solar car champs unveil new model

Delft University's Nuon Solar Team, which has won the World Solar Challenge four times in a row, has unveiled its newest car, Nuna 5. The Dutch team will use the car to win the race for the fifth time. **METRO NEWS SERVICES**

Making a case for the all-Canadian car

AutoPilot

Michael Goetz

metronews.ca/autopilot

When it comes to building cars, Canada does all right. In terms of worldwide

annual production, we rank about ninth or 10th.

The quality is also there; Canadian plants of General Motors, Ford and Chrysler routinely score higher in quality indices than their American counterparts; Toyota and Honda continue to view Canada as a great place to establish and expand manufacturing facilities.

Consider also that our auto parts industry is arguably the equal of any in the world. Magna continues to assert itself as one of

the world's top suppliers. It already builds complete vehicles for customers in Europe, and is poised to buy GM's European unit of Opel.

In the early days of automobiles, there were many Canadian automotive brands — McLaughlin, Russell, Brooks Steam, Redpath, Galt, etc. They obviously all died off, with the famous exception of McLaughlin, which got swallowed by GM.

So here we are with no

Canadian car brands so far, and no car that says "Canada" the way Jaguar says England, Cadillac says America, Volvo says Sweden, Mercedes-Benz says Germany, Maserati says Italy, or Lada says Russia.

I guess we just have to be happy for what we do contribute to the world in terms of automotive production and technology, and not get too hung up about our current "branch plant" status.

Maybe it's better that we

don't have a brand that totally embodies Canada, because the one I'm picturing at the moment is kind of scary.

The engine was designed and built in central Canada, but it's way too conservative for the racy styling and interior, which came from Quebec.

The cargo area, the responsibility of Western Canada, can't hold anything, because they've gone and installed another engine back there, and

it's more powerful than the Central Canada one, which is no longer connected to anything.

The seats aren't covered because they're the responsibility of the Maritimes. They want to do it in cod skin, but need to wait for the cod stocks to bounce back before getting started.

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

YOUR PRE-OWNED QUALITY CONNECTION



2008 G6 Sedans

V6/auto/air/pwr w/l.
3 Remaining

\$14,988

Stock #P6733A

2005 Mazda 3 Sedans

Well equipped, Low Km's

Starting at **\$9,888**



Stock #P6895A

APPROVED! ONLINE 24/7...WWW.CARROLLGM.COM

THE BEST COVERAGE IN CANADA

THE GM 160,000 KM WARRANTY

5 YEAR POWERTRAIN 5 YEAR COURTESY TRANSPORTATION 5 YEAR ROADSIDE ASSISTANCE

CARROLL

PONTIAC BUICK GMC HUMMER



44 BEDFORD HWY
HALIFAX, NS

445-5575

TOLL FREE IN ATLANTIC CANADA
1-888-GM DEALS



2004 Caravan

A/C, Cruise, Tinted Glass,
PW, PDL, CD Player,
Keyless Entry, 93,000 km

\$6,990

WAS \$9,990

2005 Accent

Tilt, CD Player,
Bucket Seats,
72,947 km



\$6,490

WAS \$7,590

O'REGAN'S

DARTMOUTH HYUNDAI
60 Baker Drive, Dartmouth, NS

ASK ABOUT OUR EXCLUSIVE
WALKAWAY PROGRAM

465-7500

TOLL FREE 1-800-565-8003

KIA SPECTRA5 LX - 2007



\$11,950

Manual FWD, AM/FM Stereo,
CD Player, Rear Defroster,
28000 kms

KIA SPORTAGE - 2005



\$16,875

AM/FM Stereo, A/C, Alloys, CD Player,
Tilt Steering, Cruise Control,
Power Locks, 98 000 kms



KIA MOTORS
The Power to Surprise™

CERTIFIED PRE-OWNED™

HILLCREST KIA

3170 Kepmt Road, Halifax
453-3477 / www.hillcrestkia.com

Every Certified KIA comes with the following: Balance of factory warranty plus 1 year or 12000 KM warranty with roadside assistance • Carproof Vehicle History Report • No Hassle Exchange Policy

START YOUR SUMMER IN STYLE

07 CHRYSLER 300C



ONLY \$22,995*

Loaded, Leather,
Sunroof, 5.7L HEMI
34,000km

2008 PONTIAC G6



ONLY \$15,995*

loaded, Cloth,
V6 Engine
19,000km

12 Lakelands Blvd.,
Bayers Lake Park

www.halifaxchrysler.com • 455-0566

* all prices are plus tax and applicable dealer fees. ** all payments are based over 84 month purchase OAC.
^ all payments are based over 72 month purchase OAC. + see showroom for details

Serving Nova Scotia for
50 Years!



Metro Workology exclusive: Backstage Pass

In the coming weeks Metro's Workology section will be focusing on the part of the entertainment industry that you DON'T see. Backstage Pass will focus on the careers behind the camera and the curtain. So be sure to read Workology and Metronews.ca/work every day.

13

Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

McMaster book store the best

Members of the Canadian Booksellers Association have named McMaster University's bookstore, **Titles**, the best campus bookstore in the country. The store, which serves students, academics and general adult readers from the campus and broader community, reports more than \$24 million in annual sales, and stocks about 40,000 titles. McMaster edged out several nominees, including the Universities of Alberta and Victoria. METRO NEWS SERVICES

From small to big

T.O.'s Grog's Creature Shop brings passion to puppets

Backstage Pass

RAFAEL BRUSILOV
for Metro Canada

Playing with puppets is serious business for Jason Hopley and Jamie Shannon, co-founders of The Grog's Creature Shop in Toronto.

The two passionate artists have done projects for heavyweights like Disney, Nickelodeon, Teletoon and the CBC and have set their sights on feature films next. Their pre-school series Nanalan, which runs on the CBC and PBS networks, won a Gemini Award and their newest series Big & Small is already a fresh hit on Treehouse TV.

Hopley believes the popularity of The Grog's distinctive characters comes from the humanity they try to infuse into the puppets.

"We try to make things real — we're not going for that saccharine quality. We strive to bring a real humanness to the characters," Hopley said.



Big & Small by The Grog's airs on Mondays on Treehouse TV.



Jason Hopley in The Grog's Creature Shop in Toronto.

Best friends since they attended the Claude Watson School for the Arts in Toronto's Willowdale neighbourhood, Hopley and Shannon embody a fairytale story of two self-taught artists who have found success creating, writing and producing all their own work.

After leaving school, Hopley and Shannon spent two years at YTV, starting in 1993, creating dozens of puppet characters and performing live three-minute short bits while building up

their skills on the fly.

"We just learned from doing, on live TV. It was the best learning ground," Shannon said.

The whirlwind years at YTV were instrumental in developing Hopley and Shannon's skills since they had no formal training and Hopley is still amazed at the level of responsibility and creativity YTV allowed them to have.

"We were just two 19-year-old guys doing improv live-to-air across Canada — I still can't believe it," Hopley said.

Wanting to do their own thing, Hopley and Shannon

left YTV to start The Grog's, spending the first few years developing characters, building puppets and trying to break out professionally.

At the start they had to scrounge cash together for glue, felt and other materials while building puppets in an ex-girlfriend's mom's basement. Hopley admits they even nabbed a throw-away foam mattress or two for spare parts.

"We were broke. A lot," Hopley said.

Nowadays each puppet their studio creates costs no less than \$2,000 to produce and budgets for their projects can run in the millions.



PHOTOS: RAFAEL BRUSILOV/FOR METRO CANADA

Workology in brief

EXECS UP FOR CHANGE A study conducted by the Association of Executive Research Consultants in New York, has found that 75 per cent of currently employed executives would consider changing jobs if the opportunity arose. According to the international study, in which five per cent of respondents were Canadian, 74 per cent of the 1,518 executives surveyed cited poor company values as the catalyst for this sentiment, while 64 per cent said it also came down to lack of career development in their current job. Just over half of the respondents said they face a significant increase in competition for executive level positions from five years ago.

H1N1 FLU According to The Toronto Star, Canadian employers are quietly stockpiling emergency supplies of antiviral drugs in an effort to protect employees from potential pandemics like the H1N1 flu, which has affected 60,000 people around the world so far. At the recent World Conference on Disaster Management, held in Toronto, corporate risk managers were told that antiviral drugs are the most effective way to reduce absenteeism during a pandemic.

ONLINE COURSES To compete with for-profit online colleges, a number of commuter-serving urban institutions in the U.S. are "going local" with online or blended programs targeting working adults in their own regions. The Alfred P. Sloan Foundation is helping such schools through so-called "localness" grants, awarded on the condition that at least 50 per cent of classroom time be pushed online.

HEATHER BUCHAN/
FOR METRO CANADA

For more of the Backstage Pass exclusive series check Workology frequently or stop by: metronews.ca/work

Class actions on the rise, but are they a mistake?

WorkplaceLaw

Daniel Lublin

Metronews.ca/workplacelaw

"Greatness lies not in being strong, but in the right use of strength."

—HENRY WARD BEECHER

It's workplace law's newest, and biggest, phenomenon: Lawyers specializing in class action lawsuits, joining together groups of employees with similar legal

claims. However, in light of last week's Ontario court decision that dismissed a class-action lawsuit filed against CIBC alleging that the bank failed to pay overtime to its customer service staff, class action lawyers may no longer be sharpening their pens.

For Canadian employees with claims for overtime, unpaid wages or pensions, joining a class action lawsuit had, until now, made sense. Proceeding individually is neither cost-effective nor does it garner the same attention from your employer as a multimillion-dollar lawsuit on behalf of thousands of employees.

But given the CIBC decision, are employees' interests being subverted?

In the CIBC case, Justice Joan Lax ruled that the individual claims in the case lacked commonality, which is essential to certifying class action lawsuits. "Proceeding as a class action will not avoid duplication of fact-finding and legal analysis" and for this reason, the individual claims should be decided on a case-by-case basis, not in a group setting, the court ruled.

As a result, these employees must turn to provincial labour tribunals or the courts and bring their

claims on an individual basis, if they still can — and if they still care to.

And it's not just claims for unpaid overtime that shouldn't necessarily be brought as class actions. With large-scale downsizing and mass layoffs, class action lawyers have also taken aim at group wrongful dismissal claims. But not so fast. If a group claim for unpaid overtime doesn't have enough commonality to gain certification, then group wrongful dismissal claims will surely be dismissed. In wrongful dismissal lawsuits, the individual facts of each employee's claim will ultimately determine its merit.

Therefore, a class proceeding may be a mass mistake.

Daniel A. Lublin is an employment lawyer focusing on the law of dismissal; dan@canadaemploymentlawyer.com.

A Rewarding Career for You
Dependable, caring and happy to help. When you become a CAREGiver for Home Instead Senior Care, you make a difference in the lives of seniors. Provide housekeeping, meal preparation and personal care.

Flexible hours and a paid comprehensive training program provided.

Home Instead SENIOR CARE
To us, it's personal.
Each Home Instead Senior Care franchise office is independently owned and operated. © 2009 Home Instead, Inc.

To find out more please call:
902.429.2272
homeinstead.com/3008

In recent months, use of travel-related handheld applications by business travellers has skyrocketed. Such applications now include flight status updates, itinerary management and hotel-booking tools. [BTONLINE.COM](#)

Travel



New life for the Neues Museum

After more than 60 years in ruins, the Neues Museum on Berlin's Museum Island will re-open its doors on Oct. 16. It will house Egyptian, pre- and early history and classical antiquities collections, and feature the bust of Egyptian Queen Nefertiti, left, who was described as "the world's most beautiful woman." The re-opening also marks the first time in over 70 years that all five museums on the island will be open to the public.

METRO NEWS SERVICES

TRAVELDESK@METRONews.CA

5

ROMINA Mc GUINNESS
Metro World News

Think "hostel" and you picture bohemian backpackers and students on a shoestring budget crammed into dorms, drinking wine out of the bottle and eating cheese sandwiches.

Think again — with travel costs rocketing and budgets dwindling, cheap but hip hostels are becoming increasingly popular. Sure, you might still have to share just about everything from your room to the kitchen, but when you have your own iMac, home-cooked meals and free Kiehl's beauty products it doesn't seem so bad. Here is a selection of five of the world's hippest hostels, where luxury doesn't come at a price.

Cheap shelter

Mama Shelter, Paris: In Paris' bohemian 20th arrondissement, Mama Shelter is the ugly-duckling-turned-swan of the block. Owned by Serge Trigano of Club Med, with interiors by Philippe Starck, this former multi-storey car park is as trendy and romantic as it is cheap. Walls are adorned with gritty poetry and graffiti whilst staff are armed with grease pencils to write down their thoughts across mirrors and floors.



Above, a dorm room and staircase at Barcelona's Centric Point hostel, where the guest amenities include Wii and satellite television.

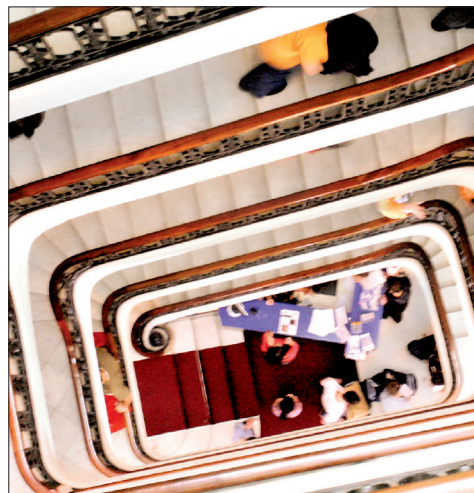


Left, the cellar bar at Miss Sophies, a Prague hostel that looks more like a boutique hotel. Right, Bangkok hostel Imm Eco Chiang Mai.

Rooms have iMacs and electronic screens run a continuous newsfeed in the counter at the commu-

nal bar so you can simultaneously surf the net and eat.

Craving a midnight



snack? Switch on your night-light (an illuminated Halloween mask) and head to the kitchen pantry

stacked with Nutella chocolate spread and bread. Kiehl's beauty products in the bathroom come

in handy. Prices per night from about \$150 for single rooms and about \$170 for double rooms; [mamashelter.com](#).

Royal and retro

Living Lounge Hostel, Lisbon: This hostel feels more like a quirky artist's studio in Baixa than a backpackers pad. Touches of baroque influence the decoration, with heavy gilt frames, scarlet walls and a chandelier made from crystal shot glasses.

Seventeen artists helped with the decoration; one dorm by graffiti artist Dirty Cop evokes author Edgar Allan Poe with its eerie mural of black trees.

The dining room hosts intimate gatherings lit by flashing fairy lights, the garden room has trimmed artificial grass and the vintage barber's chair in the lounge is perfect for afternoon snoozes. Dinner is served every night at 8:30 p.m. sharp and costs about \$20 for a hearty four-course meal. Prices per night from about \$35 for dorms and \$90 for private rooms; [livingloungehostel.com](#).

Natural Touch

Imm Eco Chiang Mai, Bangkok: Set in a lush tropical garden close to the buzzing Chiang Mai city, Imm Eco focuses on being green and natural. The interiors burst with colour — lime greens and fuchsia against wooden floors and the airy open-plan spaces double as yoga studios.

Read more on [page 16](#) »

Halifax to the Glasgow, Scotland

Flight only from **\$49** one way plus tax



call 1 800 663 8614



or book online at

flyglobespan.ca

Flights prices are per person, one way excluding tax. Prices correct at time of going to print and are subject to change. E&OE

New deals

Tourism Ireland has launched a new Hot Travel Deals page on discoverireland.com. The page displays "exceptional value" deals on airfare, accommodation, self-drive and escorted tours to Ireland, including packages from Canadian tour operators. **METRO NEWS SERVICES**

travel **15**

DUKE

This weekend the Lunenburg Festival of Crafts is in town and Atlantic Canadian artisans will display the best wares around!

BOB

Duke and I may not be artistically inclined, but we'll show you a good time and help you unwind!

TROT IN TIME

www.ca

Come see us in Lunenburg
Only an hour from Halifax!

Open daily until sunset

902.634.8917

It's time to take stock of the royal swans

In July, Swan Upping is a tradition on the Thames

Quiet please — the Queen is preparing to have her swans counted.

Buckingham Palace has announced that the annual Swan Upping, a tradition dating back to the 12th century which involves a census of the swan population on the River Thames, will be conducted by the queen's official Swan Marker from July 20-24.

"With the assistance of the Queen's Swan Warden, Prof. Christopher Perrins of the University of Oxford, the swans and young cygnets are also assessed for any signs of injury or disease," Buckingham Palace said in announcing the count.

The process involves the Swan Marker, David Barber, rowing up the Thames for five days with the Swan



Left, in this file photo, swan uppers check the well-being of cygnets and swans during the annual Swan Upping, an event which takes place during the third week of July on the River Thames near Windsor in London. Right, swan uppers row in ceremonial style to their next destination.

Warden in traditional skiffs while wearing special scarlet uniforms and counting, weighing and measuring swans and cygnets.

It may seem eccentric, but it is very important to the Queen. According to custom, Britain's sovereign

owns all unmarked, mute swans in open water, but the queen now exercises the right only on stretches of the Thames and its near-tributaries. In medieval times, the Swan Marker would not only travel up the river counting swans,

but would catch as many as possible as they were sought-after for feasts.

This year, the Swan Marker and the Swan Warden are particularly keen to discover how much damage is being caused to swans and cygnets by attacks from

dogs and from discarded fishing tackle. It is also an important year because Queen Elizabeth has decided to join her team of Swan Uppers for part of the census. She will follow them up the river and visit a local school project on the whole

subject of swans, cygnets and the Thames. "Education and conservation are essential to the role of Swan Upping and the involvement of school children is always a rewarding experience," Buckingham Palace said.

REUTERS



Sears travel

Every trip has its rewards*

EnCruise
escapes

CASH FOR YOUR CRUISE

Wine on us, Tour on us, Spa on us!*

RECEIVE \$175 USD per stateroom*

Eastern Caribbean

Liberty of the Seas® • Royal Caribbean International
7 nts • Sept. 12 / 09 • Oceanview Stateroom
Cat. 1 • Cruise Only • from Miami

\$71*** /month
or \$851 +\$74
taxes & surcharges†



Alaska Cruisetour

Celebrity Millennium® • Celebrity Cruises • Tour #6
4 nts Alaska land tour + 7 nts cruise • Aug. 24 / 09
Oceanview Stateroom • Cat. 6 • from Fairbanks, Alaska

\$170*** /month
or \$2,029 +\$119
taxes & surcharges†



Mediterranean

Azamara Journey® • Azamara Cruises
14 nts • Aug. 30 / 09 • Oceanview Stateroom
Cat. 8 • Cruise Only • from Copenhagen to Barcelona

\$166*** /month
or \$1,988 +\$259
taxes & surcharges†



Instantly Redeem your Sears Club™ Points™ towards any travel purchase



Pay in 12 equal monthly installments, interest free!™ when you use your Sears® MasterCard® or Sears Card

To take advantage of this great offer, visit your Sears Travel Consultant or call 1-866-359-7327 to find a location near you!

* Outboard credit is per stateroom. In USD. Outboard credit is based on new EnCruise Escapes bookings only, made between July 1 and Aug. 31, 2009 with Sears Travel on a minimum sailing duration of 7 nights in an oceanview or higher category. Applicable to all 2009/2010 Royal Caribbean International, Azamara Cruises and Celebrity Cruises. Subject to availability. Not applicable to group bookings. Offer is not combinable with any other offer or promotion. Singles paying 200% are entitled to full face value. Some restrictions apply. † Above rates are cruise only, quoted per person in Canadian Dollars. Airfare, transfers, pre/post accommodations are additional. Taxes and government fees are indicated. All itineraries and prices are current at the time of printing and subject to change without notice. ** Instant Sears Club® Point redemption is only available at Sears Travel in-store locations when you make a travel purchase and is not available elsewhere in our store at this time. Instant Sears Club® Point redemption is not available on www.searsclub.ca or 1-866-359-7327. Points can not be transferred to other customers. You can redeem any amount of points towards your vacation, no minimum points apply. Sears Club® Points can be used towards any travel purchase (air etc.). Balance due after instant point redemption must be on your Sears® MasterCard® or Sears Card. No other form of payment may be applied. Financing options may be applied to the balance due with participating suppliers. Offer is only applicable with participating suppliers. If a financing option is chosen, Sears Club® Points will not be received on the balance due. Some restrictions apply. *** Pay in 12 Equal Monthly Installments, Interest Free™ may be applied to new bookings made by Dec. 31, 2009 on your Sears® MasterCard® or Sears Card account, on approved credit. A \$50 installment billing fee (including debit card and applicable taxes and service charges) will be billed to your Sears® MasterCard® or Sears Card account at time of booking. The total purchase price will be billed to your Sears® MasterCard® or Sears Card account in 12 equal monthly installments. Offer is applicable to Group Travel of 10 or more people with all suppliers that Sears Travel sells. Optional financing programs do not qualify for Sears Club® Points and are not available at Sears Travel. Bookings must be made at Sears Travel locations or at 1-866-359-7327. Offer is only applicable with participating suppliers. Payment options and plan details may be changed or discontinued at any time without notice. Some restrictions apply. ©2009 Sears Canada Inc. d.b.a. Sears Travel Service. B.C. Reg No. 296-4. Ont. Reg. #259-944. Quebec Permit Holder: 290 Yonge St., Suite 100, Toronto, ON M5B 2C3. The Sears Card and the Sears® MasterCard are issued by JPMorgan Chase Bank N.A. "Sears" is a registered trademark of Sears, licensed for use in Canada. MasterCard is a registered trademark of MasterCard International Incorporated. Registered trademarks of Royal Bank of Canada. Used under license.



Sandals Resorts International has won the 2nd annual Environmental Industry award from Flight Centre (Canada), an award recognizing the supplier that's made the greatest effort to minimize its environmental impact. **METRO NEWS SERVICES**

More information

- mamashelter.com
- centricpointhostel.com
- livingloungehostel.com
- miss-sophies.com
- immhotel.com

METRO WORLD NEWS

Absolute

TRAVELSPECIALISTS.COM

WE ARE WORTH THE LOOK
WE ARE WORTH THE CALL

455-0886 (Fred) 455-0034 (Shannon) 455-2429 (Elayne)

Highlights of Italy

8 Day Tour from \$1130

Get lost in Venice, discover Florence and wander through lively Rome on this small group adventure.

Tour does not include airfare, local payment of EUR 200 and meals. Multishare accommodations in select areas.

Dalhousie SUB, Lower Level 902-494-2054

TRAVEL CUTS
www.travelcuts.com

The lowdown on high-design hostels

>> Continued from page 14

The outdoor swimming pool is perfect for cooling down in.

Dorms sleep up to 12 people, great for those on a shoestring budget, but individual rooms are available. The restaurant Hi Hi@Barn is all thatched wood and dangling light bulbs and serves a simple menu using organic produce from the gardens. Prices per night from about \$12 for dorms and \$48 for private rooms night; immhotel.com.

Bohemian Barcelona

Centric Point, Barcelona: Escape the hubbub of Barcelona's Ramblas high street and go to Passeig de Gracia where you'll find this funky hostel.

This is the ideal starting point from which to explore Barcelona, from the beaches to boulevards. There's a traveller's desk from which you can book all sorts of activities and a common room with satellite TV, bar, Wii, foosball and music.

Internet access and breakfast are included in



The bar area at Mama Shelter, a hostel in Paris.

the price so if you are a frugal traveller, fill up on flaky Spanish pastries and syrupy coffee.

Prices per night from about \$32 for dorms and \$82 for private rooms; centricpointhostel.com.

19th century loft

Miss Sophie's, Prague: Resembling a swanky New York loft, Miss Sophie's is more boutique hotel than

hostel. Housed in an old 19th century building in the heart of Nove Mesto, the interior design is minimal — verging on austere — but the red brick walls add an element of shabby chic.

The mellow cellar bar with squashy blood-red leather sofas is an ideal place to socialize with other guests.

Dorms sleep up to five

people making it friendlier and less intimidating than typical ram-packed rooms and the monsoon-style showers make you forget the downsides of shared bathrooms. The huge lockers situated beneath the beds mean you can keep your worldly possessions safe and sound. Prices per night from about \$29 for dorms and \$82 for private rooms; miss-sophies.com.



FLIGHT CENTRE® Unbeatable

Airfares

TORONTO
\$49

FROM
+ taxes & fees \$221

New York FROM **\$289**
+ taxes & fees \$112

Paris FROM **\$299**
+ taxes & fees \$363

London FROM **\$349**
+ taxes & fees \$378

Los Angeles FROM **\$439**
+ taxes & fees \$125

Cancun FROM **\$519**
+ taxes & fees \$122

Buenos Aires FROM **\$699**
+ taxes & fees \$255

Sydney FROM **\$1229**
+ taxes & fees \$354

Canada on Sale Offer

RECEIVE
\$10

Book any roundtrip Air Canada domestic airfare by July 31st & receive an additional \$10* off.

AIR CANADA

Canda on Sale Holidays

P.E.I.
SEA KAYAKING
\$259

FROM
+ taxes & fees included

INCLUDES 2 nights 3-star Charlottetown accom and 3-hour sea kayaking tour. **SAVE \$10*** when you book Air Canada airfare.

Vancouver FROM **\$219**
+ taxes & fees included

INCLUDES 3 nights 3-star accom, attractions guidebook and 2-day ticket for the Hop-on Hop-off bus. **SAVE \$10*** when you book Air Canada airfare.

Niagara Falls Winery Tour FROM **\$299**
+ taxes & fees included

INCLUDES 2 nights 3-star accom just one block from Niagara Falls and deluxe Niagara Region wine tour. **SAVE \$10*** when you book Air Canada airfare.

Trans Canada Rail Tour FROM **\$4499**
+ taxes & fees included

INCLUDES 14 nights 3-star accom travelling from Toronto to Vancouver including 2 nights aboard VIA Rail's *The Canadian* and 2 nights aboard the *Rocky Mountaineer*, most meals and sightseeing excursions in Toronto, Niagara Falls, Banff, Vancouver & Victoria. **SAVE \$10*** when you book Air Canada airfare.

USA Holidays

NEW YORK WEEKEND
\$469

FROM
+ taxes & fees \$113

INCLUDES roundtrip airfare and 2 nights 3.5-star accom located in midtown Manhattan and near Madison Square Garden.

Orlando Family Holiday FROM **\$549***
+ taxes & fees \$124

INCLUDES roundtrip airfare and 7 nights 3-star accom near Walt Disney World Resort.

Las Vegas Cirque du Soleil FROM **\$569**
+ taxes & fees \$133

INCLUDES roundtrip airfare and 3 nights 4-star accom on the Las Vegas Strip. **BONUS** tickets to Cirque du Soleil or Disney's *The Lion King* included.

California Fly & Drive FROM **\$539**
+ taxes & fees \$127

INCLUDES airfare to San Francisco, return from Los Angeles and 7-day economy car rental with unlimited mileage to explore California at your own pace. **ADD** San Francisco wine country tour from \$77.

Hawai'i Cruise FROM **\$895**
+ taxes & fees \$81

INCLUDES 7-day Norwegian cruise, onboard meals & entertainment. Sail roundtrip from Honolulu and visit Maui, Hilo, Kona and Kauai. Port charges included.

Europe Holidays

ITALY CILENTO COAST
\$1599

FROM
+ taxes & fees \$440

INCLUDES roundtrip airfare to Rome, car rental and 7 nights 3-star seaside accom in Agropoli with 3 meals daily.

London Starter Package FROM **\$539**
+ taxes & fees \$378

INCLUDES roundtrip airfare and first 2 nights 3-star central accom with breakfast.

All-inclusive Holidays

Mayan Riviera 4.5-Star FROM **\$849**
+ taxes & fees \$291

INCLUDES roundtrip airfare, transfers and 7 nights 4.5-star all-inclusive accom.

Jamaica Luxury FROM **\$1569**
+ taxes & fees \$105

INCLUDES roundtrip airfare, transfers and 7 nights Luxury Included® accom at Sandals Grande Ocho Rios.

PERFECT HOLIDAY PROMISE
Enjoy your holiday or we'll give you \$100 towards another one!

1 866 485 7093 | flightcentre.ca

Conditions apply. Ex: Halifax. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change. *Valid on new bookings only made in-store with Flight Centre on Air Canada roundtrip domestic airfare when purchased by July 31, 2009. †Family holiday is based on 2 adults and 2 children 17 years and under travelling together. ‡The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A \$100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant.

Abdul eyes return to Idol

After talking in the spring about possibly moving on from American Idol, Paula Abdul is now optimistic she'll be back for another season of FOX's mega-hit. "I've been invited to stay the duration of the show, however long it lasts," Abdul said. **PEOPLE.COM**

17

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

STEVE GOW
for Metro Canada

When I Love You, Beth Cooper hits theatres this Friday, it will be the latest movie to turn the loser into lothario.

The story of a nerdy valedictorian winning the affection of the hot girl isn't just a familiar premise; it's also been consistently popular with movie audiences throughout the years.

Whether it's Jerry Lewis' geeky scientist inventing a potion to gain popularity in *The Nutty Professor* or the tale of two dweebs finally getting the girls in *Superbad*, Hollywood has always had an obsession with nerd love.

"The idea of nerds become cool, even if nerds themselves aren't," re-

cently stated Benjamin Nugent in a L.A. Times article. The author of *American Nerd: The Story of My People*, Nugent has made a career on deliberating dorks.

Although he acknowledges the ambiguous etymology of "nerd" stretches back to its appearance in Dr. Seuss' 1950 book, *If I Ran the Zoo*, the recent obsession with adoring dweebs can be traced to more current works.

"If you look at shows like *The O.C.*, the Seth Cohen character (played by Adam Brody) is a nerd," said Nugent. "But he became a heartthrob, and I think that was really something new."

However, even before dorks became teenage darlings, producers have admired stories that portray



Denis Cooverman (Paul Rust) and Beth Cooper (Hayden Panettiere) get to know one another over a long, wild and memorable night.

the nerd as unlikely seducer. Here's a brief look at the rise of geek love:

THE '80s: From explicitly-titled *Revenge of the Nerds* to the freak favorite *Can't Buy Me Love*, the '80s were inexplicably a fertile decade for producing nerd love sto-

ries. Maybe it was because, in hindsight, we all dressed like dweebs in 1985.

JOHN HUGHES: The greatest comedies of John Hughes still influence filmmakers today with their representation of nerds acquiring unlikely

Movie profile

affection. Whether it's *Sixteen Candles*, *Pretty in Pink* or the dorky magnum opus *Weird Science*, Hughes knew how to tap into seducing our inner geek heart.

THE DIGITAL AGE: Much of the recent popularity of nerds has been attributed to the computer age's influence on media. With great fortunes amassed by the likes of Microsoft founder Bill Gates comes the inherent suggestion that intelligent geeks are more likely to succeed and thus attract the ladies.

THE MORAL: I should've obviously taken computer class way more seriously in Grade 8.

Anna engaged?

Anna Kournikova has reportedly got engaged. The tennis player — who has been dating Enrique Iglesias on and off for eight years — has been wearing a large diamond ring on her wedding finger. **FEMALEFIRST.CO.UK**

Joel Plaskett makes Polaris short list

MUSIC The race to crown the best Canadian album of 2008-09 has really begun, with the announcement of the Polaris Music Prize short list yesterday.

The top 10 acts, as chosen by 182 journalists from across the country, are a diverse group, with a hardcore group, a rapper, a Francophone band and Halifax's Joel Plaskett all vying for the \$20,000 prize.

Since the winner won't be announced until Sept. 21, music fans can spend the summer debating who deserves to take home the prize. To help get the conversation started, we've reviewed all of the nominated albums online.

Read more about all 10 nominated artists at: metronews.ca/music

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
7/8/09	31	31	31	ABC	News (N)	ABC Wild News	Inside Edition	Chronicle	Wipeout (HDTV) (N)	Japanese Game Show		Primetime
	7	7	7	ASN	The Road to Avonlea		Instant Star	TMZ (N)	Old Christine	Gary Unmarr		Monk
	11	11	11	CBC	Coronation St.	Jeopardy! (N)	Dragon's Den (HDTV)		Laughs	All Comforts		The Hour
	2	2	2	CBC-F	Urgences (SC)		Des saquelettes	L'Epicerie	La Petite Séduction (N) (SC)	Bons baisers de France (SC)	Le Téléjournal	
	32	32	32	CBS	News (N)	Evening News	The Insider (N)	Entertainment	Old Christine	Gary Unmarr		CSI: NY
	69	69	69	CFTM	TVA 18 heures	Sûreté-salé	Les Gags	Histoires-filles	Les Anges de la rénovation	Nos étés		TVA 22 heures
	6	6	6	CHIF	Entertainment	ET Canada	The Philanthropist (N)		Wipeout (HDTV) (N)	(10:02) In Plain Sight		News (N)
	9	9	9	CJCH	Corner Gas	Hollywood	CSI: NY (HDTV)		So You Think You Can Dance The Top 12 dancers (N)			News (N)
	10	10	10	ELTV	Incl. Revolution	Build It	Fuelin' Around	Au Natural	Doc Talk	EastLink Television		
	36	36	36	FOX	Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	So You Think You Can Dance The Top 12 dancers (N)			Fox First
news	12	12	12	NBC	News (N)	NBC News	Hollywood	Extra (N)	America's Got Talent	CBC News: The National	Geo. Journey	Philanthropist
	29	29	29	NW	World News	Business	CBC News	Fortune	The Hour	Squeeze Play	Make-Laugh	Market Call
	4	4	4	PBS-B	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Time Team America (N)	Time Team America (N)	Ascent of Money (DVS)	Wide Angle (N)	Tueur
	35	35	35	PBS-D	NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	Time Team America (N)	Time Team America (N)	Ascent of Money (DVS)	Wide Angle (N)	Tueur
	68	68	68	TQS	Rire et délire	Chemin du golf	La Guerre des	La Maison de	Entourage	Entourage	Californication	Market Call
	23	23	23	BNN	Business News	Headline	Market Call	Commodities	Workopolis TV	Business News		Cooper 360
	18	18	18	CNN	Situation Room-Wolf	Blitzer	Lou Dobbs Tonight		Campbell Brown (N)	Larry King Live (N)		Cooper 360
	54	54	54	GOLF	Golf Central	Top 10	The Golf Fix	Quest-Card	19th Hole	Top 10	Golf	Golf
	52	52	52	RSE	Sportsnet Connected		PartyPoker.net Irish		Air Racing From San Diego		UFC Top 100 Fights	Sportsnet Con.
	55	55	55	SCOR	(6) HSR		RaceNight					Score Tonight
sports	45	45	45	SPD	Off the Whips		Pimp My Ride	Pass Time	Amer. Thunder	Amer. Thunder	Pinks (HDTV)	Pass Time
	53	53	53	TSN	Unleash the Record	SportsCentre	MLB Baseball Toronto Blue Jays at Tampa Bay Rays (HDTV) (Live)		Amer. Thunder	Amer. Thunder	Pinks (HDTV)	Pass Time
	43	43	43	FAM	Zoe 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek
	44	44	44	TOON	Ben 10	Johnny Test	Jimmy Two	Total Drama	6TEEN	Futurama	American Dad	Robot Chicken
	26	26	26	TREE	Ni Hao, Kai-Lan	Big & Small	Backyardigans	Night Grdn	Max & Ruby	Franklin	Little Bear	Bucket-Dinos
	27	27	27	TYV	iCarly		In Real Life		Malcolm-Mid.	Futurama	Survive This	Adrenaline Proj
	16	16	16	A&E	CSI: Miami 'Extreme'		CSI: Miami (HDTV)		Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter	Tattoo High.
	70	70	70	APTN	News (N)		Canadian Geographic		Karl May and The Wild West	Tears	Vitality	Miywaywin
	50	50	50	BET	106 & Park: BET's Top 10 Live	Top 10 Countdown			Juice ** (1992, Crime Drama) Omar Epps.			The Game
	37	37	37	BRVO	Street Legal		Montreal Jazz Festival		Arts & Minds	O'Reagan File	Wingfield	Wingfield
family	25	25	25	CMT	Jann Arden, Live		Project Dad		Home Improve.	Home Improve.	Reba	Reba
	49	49	49	COM	Laughs	Comedy Now	Air Force	Just for Laughs	Corner Gas	Corner Gas	The Simpsons	South Park
	153	153	153	COURT	Struggle for Justice		World's Wildest Police Videos		Cops Uncut	Dumb Criminal	Spy Web: Hitler's Spies	Police Videos
	38	38	38	DISC	Qubit (N)	Qubit (N)	Daily Planet		Treasure Quest (N)		Deadliest Catch	Mayday
	34	34	34	HGTV	Holmes-Homes	Holmes-Homes	Home Hunters	Property Virgin	Big City Broker	The Stagers	Property Virgin	House Hunters
	46	46	46	HIST	Mob Stories		NCIS "Hiatus"		Cities of the Underworld		Ice Road Truckers	NCIS
	17	17	17	MM	Video on Trial	Video on Trial	One Tree Hill		Degrassi: TNG	Instant Star	Video on Trial	Video on Trial
	19	19	19	MM	mtm10.ca		The Daily Fix		Ranked!		I'm a Celebrity, Get Me Out.	Entourage
	201	201	201	M1	(6:15) Legacy (2008)		August Rush ** (2007, Drama) Freddie Highmore.		Cycling Tour de France -- Stage 5. From Le Cap d'Agde to Perpignan.		Elizabeth: The Golden Age ** (2007)	
	48	48	48	OLN	The Amazing Race 5		Bounty Hunter	Bounty Hunter	Panic Room *** (2002, Suspense) Jodie Foster.		Seinfeld	
cable variety	51	51	51	PEACH	Seinfeld	Friends	Family Guy					
	206	206	206	PIX	Monty Python's Meaning		(8:10) The Nature of Nicholas ** (2002, Drama)		The Faculty ** (1998, Horror)			
	67	67	67	RDI	RDI en direct	RDI en direct	24 Hours en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)	RDI en direct
	39	39	39	SHOW	Trailer Park	Trailer Park	The Outer Limits		The Guard (HDTV)		A Daughter's Conviction (2006, Mystery)	
	40	40	40	SLICE	So Chic	Skin Deep	Skin Deep	Til Debt-Part	End of Leash	End of Leash	End of Leash	End of Leash
	47	47	47	SPACE	Stargate SG-1 (DVS)		Stargate Atlantis (DVS)		Star Trek: Voyager		Primeval	Stormworld (N)
	14	14	14	SPIKE	CSI: Crime Scene Investg.		CSI: Crime Scene Investg.		UFC's Ultimate 100		UFC's Ultimate 100	Fight Night
	98	98	98	STAR	Lenny Kravitz	Invictus	The Ellen DeGeneres Show		TMZ (N)	Lenny Kravitz	Canada's Next Top Model	Tonight Show
	21	21	21	TLC	What Not to Wear		Pregnant for 46 Years		Girl Who Never Grew		I Didn't Know	I Didn't Know
	56	56	56	34	TROP	North of 60 "The Hunt"	The Crow: Stairway to Heaven		What Happen?	What Happen?	Seinfeld	Raymond

critics'corner

Karl May and The Wild West

Sergio Leone made spaghetti Westerns ... so should we call Karl May's stories "sauerkraut Westerns"? May's tales of the American West remain hugely popular in his homeland, and this new special visits with the May devotees who immerse themselves in his version of the West at theme parks and festivals. You'll also meet American Indians and native Canadians who work such events despite finding them both distasteful and historically inaccurate. 9 PM on APTN



Anna and Kristina's Grocery Bag

What's a flexitarian? In the new episode "Flexitarian Cooking," Anna and Kristina attempt to create a meal that will satisfy carnivores and vegetarians alike — no matter how flexible or inflexible they are. They also perform a taste test on tofu. 9 PM on W

Tattoo Highway

Thomas and his team are not having fun in this new episode. As Beel deals with relationship issues, Nacho eats something that doesn't agree with him — a stencil sheet, of all things — and gets sick. As if that weren't enough, the bus is sick, too — a case of overheating causes it to quit working. 11 PM on A&E

Weekdays @ 9pm

101.3 THE BOUNCE

Interactive NINE@9

For July 7th

- Pitbull - Hotel Room Service
- Drake - Best I Ever Had
- Lola - High Heels
- 3OH!3 - Don't Trust Me
- Pitbull - Calle Ocho
- Lady Gaga - Paparazzi
- Sean Kingston - Fire Burnin'
- Jeremih - Birthday Sex
- Black Eyed Peas - I Gotta Feeling

WE WANT YOU!

You could guest host the Interactive NINE@9 with Special Ed. Email: special@1013thebounce.com

1013 THE BOUNCE.com



Daniel Radcliffe is taking ballet lessons. The 19-year-old actor is so worried he won't be able to find a job after the Harry Potter films he has decided to don tights and slippers in a bid to make him more employable, femalefirst.co.uk reports. **METRO NEWS SERVICES**

Staying on his toes

Celebrity Buzz

Katie launches dance fund

HOT STEPPER Katie Holmes has teamed up with Hair-spray director Adam Shankman and reality TV guru Nigel Lythgoe to launch a dance scholarship fund, femalefirst.co.uk reports.

The Hollywood actress, who is set to appear on Lythgoe's U.S. show *So You Think You Can Dance* later this month, has joined forces with the pair and Dancing With the Stars judge Carrie Ann Inaba to set up the Dizzy Feet Foundation.

The scholarship organization gives underprivileged youngsters the opportunity to take part in dance programs and win grants to enrol in accredited dance studios, reports Daily Variety.

Holmes says, "I think it's important for children to experience music and dance."

"Every child should have the opportunity to discover what it is they like and have access to the very best in that pursuit."

The *Batman Begins* star

will show off her moves on the dancefloor during a special 100th episode of *So You Think You Can Dance* on July 23, in which she will perform a tribute to Judy Garland.

METRO NEWS SERVICES



Stewart gets friend to buy pregnancy test: Rumours

COULD IT BE TRUE? Twilight star Kristen Stewart is allegedly worried she might be pregnant — and that the father is co-star Robert Pattinson, according to Australia's New Weekly magazine.

"She asked one of her friends to buy the test because she was worried about someone seeing

her at the drug store," a source tells the magazine. "She's very nervous about the whole situation. And because of the timing, she thinks Rob could be the father."

METRO WORLD NEWS



Lohan sued over her new tanning spray

LAW SUIT Looks like Lindsay Lohan is in trouble again, only this time it's in the courtroom.

Lohan is being sued by St. Petersburg, Fla., chemist Jennifer Sunday, who claims the actress and her partner on the project, Lorit Simon, stole the formula for Lohan's new Seven Nynne self-tanning spray, according to the St.

Petersburg Times.

"We are certainly looking for the profits that are being generated right now from that product," attorney Marcia Cohen tells the newspaper.

"If Ms. Lohan and Ms. Si-

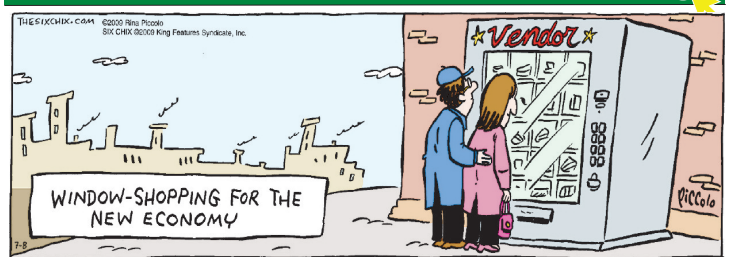
mon and their companies and their shareholders are profiting from the theft of my client's formula and are profiting from that product, my client is entitled to those proceeds."

METRO NEWS SERVICES



ComicsOnline

For more cartoons, visit metronews.ca



YOU COULD WIN

1 of 10 double passes

HARRY POTTER AND THE HALF-BLOOD PRINCE

DARK SECRETS REVEALED

JULY 15

IN THEATRES ON JULY 15TH

to an exclusive advance screening to see **Harry Potter And The Half-Blood Prince** on July 13th.

ENTER FOR YOUR CHANCE TO WIN!
metronews.ca

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes July 9, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca



AKON

GIRLICIOUS + SUPERCREW
KARL WOLF + BASSHUNTER
REAL MCCOY + SEPTEMBER
ROBIN S + CREATURE + DJ NO LUV
JAMIE SPARKS + LUCIUS KAYNE

Z103.5
THE BEAT OF HALIFAX

ROGERS
Z103.5'S THIRD ANNUAL

SUMMER RUSH

SATURDAY JULY 25TH, 2009
ALDERNEY LANDING
(DARTMOUTH WATERFRONT)

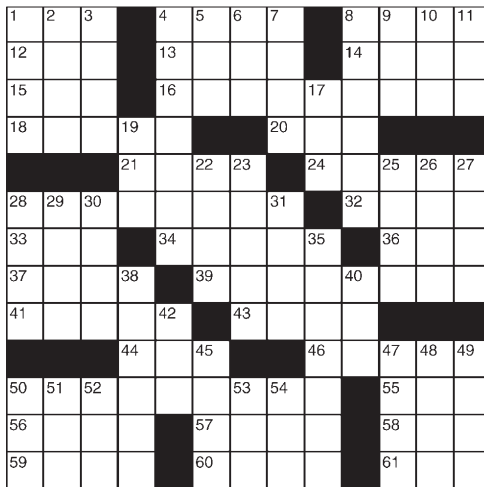
ADVANCE TICKETS ON SALE NOW \$35.00 + TAX AND SERVICE FEES
AVAILABLE AT ALL TICKETPRO LOCATIONS ONLINE AT WWW.TICKETPRO.CA
OR TOLL FREE AT 888 311 9090

SHOW STARTS AT 4PM. RAIN OR SHINE EVENT
WWW.SUMMERRUSH.COM

ALL AGES WITH LICENSED AREA FOR 19+

BROUGHT TO YOU BY

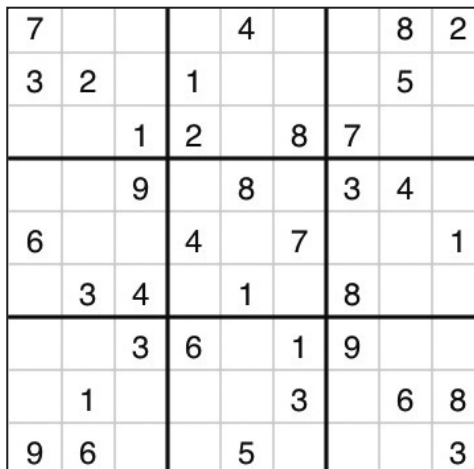
Chili's, Firehouse Subs, Professional Teeth Whitening, Jamba Juice, Rogers, Z103.5, The Beat of Halifax, EmbroidMe, TeleTech, Pacific, metronews, pub & more, Four N' Points, A&M, Summer Rush 2009 CD, compucollege, The Eastern College

For more delicious Metro recipes, visit: metronews.ca/food

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Crossword across

- 1 Make up your mind
4 Syndicate boss
8 Applaud
12 Neither mate
13 On in years
14 "Clue" weapon
15 Work with
16 Excellent
18 Bundle of wheat
20 Long lunch?
21 Brat's stocking stuffer
24 Receded
28 Uneaten
32 Thy
33 Puncturing tool
34 Painter of ballerinas
36 Raw rock
37 Movie holder, once
39 PDQ
41 Abject terror
43 Rend
44 Shell game item
46 Old Christmas gift?
50 "Cheers!"
55 Debtor's letters
56 Columbus' home
57 Shakespearean villain
58 Wrestling surface
59 Ostentation
60 London neighborhood
61 Type squares

Crossword down

- 1 Responsibility
2 Luxurious
3 Genealogy chart
4 9 Lives product
5 Past
6 Vigor
7 Probability
8 Ill-natured
9 Despondent
10 Gorilla
11 Apiece
17 Wish undone
19 Put on a show
22 State with conviction
23 On the up-and-up
25 Benefit
26 Modern money
27 Game show host Carey
28 Fat
29 Basin accessory
30 Take off
31 Anger
35 Hair cleaner
38 Computer type
40 Give it a go
42 Volente preceder
45 Writer Kingsley
47 Frost
48 Wander
49 Shacks
50 Jazz style
51 Discoverer's call
52 Allen or Conway
53 — Paulo
54 Reaction to castor oil

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



8	9	2	7	5	1	3	6	4
1	6	7	4	3	2	8	5	9
3	4	5	8	9	6	2	7	1
7	2	1	9	6	4	5	3	8
4	3	8	2	7	5	1	9	6
6	5	9	3	1	8	4	2	7
9	7	4	1	2	3	6	8	5
5	1	3	6	8	9	7	4	2
2	8	6	5	4	7	9	1	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

- Under 13 minGenius
13-17 minScholar
17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Metro Recipe of the Day

Beef Balti

INGREDIENTS:

- 2 tbsp (25 mL) canola oil
1 medium onion
1 lb (500g) steak
1 clove garlic
1 1/2 in. (4 cm) piece fresh root ginger
1 small, fresh red chilli pepper
1 green pepper
1 red pepper
3 medium tomatoes
1/2 lemon
1 tbsp (15 mL) garam masala
1 tsp (5 mL) ground cumin
Salt
GARNISH
3 tbsp (45 mL) dried coconut, flaked or shredded
TO SERVE
4 nan breads

METHOD:

- Preheat oven to low setting to keep beef warm later. Heat 1 tbsp (15 mL) oil in large balti pan, wok, or frying pan. Peel and thinly slice onion; fry over fairly high heat 3-4 minutes, stirring occasionally, until soft and lightly browned.
- Meanwhile, trim excess fat from beef, then slice into very thin strips. Peel and crush garlic, then peel and grate ginger, and rinse, deseed, and chop chilli pepper. Add all to onion and cook over fairly high heat 5 minutes, stirring occasionally, until beef is lightly coloured. Remove from heat and keep warm in oven.
- Rinse, deseed, and thinly slice peppers. Add to pan, with remaining oil, if necessary, and continue frying for 3 minutes, stir-



ring occasionally, until softened and lightly browned.
4. Meanwhile, rinse and roughly chop tomatoes, then squeeze juice from lemon and preheat broiler.
5. Stir garam masala and cumin into frying pan and cook, stirring continuously, 1 minute. Add tomatoes, lemon juice, and some salt and simmer, stirring, 3-4 minutes. If mixture becomes dry, add little water.
6. Sprinkle nan breads with water and broil about 1 minute per side. Return beef to pan and heat through. Sprinkle with coconut and serve with nan bread.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES

MARCH 21-APRIL 20

This may be an emotional time for you but it's not nearly the end of the world, so keep that smile on your face; better days are just around the corner.

LIBRA

SEPT 23-OCT 23

Career matters are under excellent stars at the moment, so aim high, believe you have what it takes to succeed.

TAURUS

APRIL 21-MAY 21

You will achieve more in the long-term if you get out and about now and meet as many new and interesting people as you can.

SCORPIO

OCT 24-NOV 22

The Sun in one of the best areas of the heavens means you have only to ask for something for it to miraculously appear in your life.

GEMINI

MAY 22-JUNE 21

Do you have a clear purpose? Do you know what it is you want out of life? If you can answer those questions in the affirmative then success is close.

SAGITTARIUS

NOV 23-DEC 21

You enjoy a bit of pressure and that's good because you will be expected to deliver something that is well above average today.

CANCER

JUNE 22-JULY 22

There's no holding you back. The Sun in your birth sign endows you with enough energy and enthusiasm to reach your goals.

CAPRICORN

DEC 22-JAN 20

Upheavals of one sort or another appear to have become a feature of your existence in recent weeks but you really have nothing to worry about.

LEO

JULY 23-AUG 23

There are no shortcuts to success – not that you were planning on taking any. Whatever you are working on that must give it your full attention.

AQUARIUS

JAN 21-FEB 18

If you push yourself just a little bit harder than usual, and if you aim just a little bit higher, you will accomplish something truly memorable today.

VIRGO

AUG 24-SEPT 22

Anyone who thinks you are not the sort who will rock the boat is in for a shock. You will do something today that turns heads.

PISCES

FEB 19-MARCH 20

Your confidence has rarely been higher, to the extent that you honestly believe all things are possible – and they are.

FLIGHT CENTRE Unbeatable

TORONTO LONDON
FROM **\$49** FROM **\$349**
+ taxes & fees \$221 + taxes & fees \$378
INCLUDES roundtrip airfare.
1 866 725 6168 | flightcentre.ca

Conditions apply. See Halfpax Air only prices are per person for return travel unless otherwise stated. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, HST and fuel supplements and are approximate and subject to change.

This day in history

- JULY 8, 1099: First Crusade: 15,000 starving Christian soldiers march in religious procession around Jerusalem as its Muslim defenders look on.
JULY 8, 1822: Chippewas turn over huge tract of land in Ontario to the United Kingdom.
JULY 8, 1889: The first issue of the Wall Street Journal is published.
JULY 8, 1892: St. John's, Newfoundland is devastated in the Great Fire of 1892.
JULY 8, 1932: The Dow Jones Industrial Average reaches its lowest level of the Great Depression, bottoming out at 41.22.

METRO NEWS SERVICES

WORDY GURDY®

- BY TRICKY RICKY KANE
Every answer is a rhyming pair of words (like FAT CAT and DOUBTLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.
- Not come through for actor Christian (1)
 - Construction lifter window glass (1)
 - "Ghostbusters" goo Wordy Gurdy (1)
 - Grizzly's dens (1)
 - Less-tense golf great Arnold (2)
 - Purse inside a flood-barrier sack (2)
 - Mr. Hyde alter ego's skin spots (2)
- ANSWERS: 1. FAULTY PALMER 2. CRANE PANE 3. SLIME RHYME 4. BEARS LAIRS 5. CALMER PALMER 6. SANDBAG HANDBAG 7. JEWELRY FRECKLES 7-8-09

Prices are Taking a Dive!

Splash into summer with incredible markdowns on our most popular pre-owned cars, trucks, vans and SUVs! It's the hottest sales event of the season, so don't miss out!

08 DODGE CHARGER DEMON

PW,PDL,CR,TLT,PSEAT,3.5LV6,SPOILERS,ALLOYS,HEATED LTH SEATS
A/C,CD,DEMONDECALS, FOG LIGHTS,LOW KMS

\$19,777

CL296105



08 DODGE AVENGER DAYTONA

PW,PDL,CR,TLT,ALLOYS,PSUNROOF,SPOILERS,
A/C,CD,DAYTONA DECALS,FOG LIGHTS,LOW KMS

\$17,777

CM259899



08 CHRYSLER SEBRING TOURING

PW,PDL,CR,TLT,LEATHER,ALLOYS,SUNROOF,
A/C,CD,FOGLIGHTS,LOW KMS

\$15,777

CL273698



08 DODGE CALIBER SXT

PW,PDL,CR,TLT,A/C,ALLOYS,
FOGLIGHTS,LOW KMS

SOLD

CL690337



WEDNESDAY-SATURDAY JULY 8-11

Flip for Deep-End Savings on
Quality Pre-Owned Vehicles

09 CHRYSLER SEBRING TOURING

PW,PDL,CR,TLT,
V6,AUTO,A/C,LOW KMS **\$18,777**

09 DODGE AVENGER

PW,PDL,CR,TLT,
V6,AUTO,A/C,LOW KMS **\$17,777**

06 CHRYSLER 300C AWD

LTH,SUNROOF,HEMI,AUTO,
A/C,LOADED,LOW KMS **\$19,777**

05 CHRYSLER 300C

LTH,SUNROOF,HEMI,AUTO,
A/C,LOADED,LOW KMS **\$15,777**

05 SX 2.0

PW,PDL,ECONOMY,
4CYL,AUTO,A/C,LOW KMS **\$6,777**

05 CHRYSLER SEBRING CONV'T

PPW,PDL,CR,TLT,
V6,AUTO,A/C,LOW KMS **\$12,777**

09 DODGE GRAND CARAVAN

PW,PDL,CR,TLT,AUTO,
A/C,STOW N GO,LOW KMS **\$24,777**

08 DODGE GRAND CARAVAN

PW,PDL,CR,TLT,AUTO,
A/C,STOW N GO,LOW KMS **\$17,995**

07 DODGE GRAND CARAVAN SXT

PW,PDL,CR,TLT,AUTO,
A/C,STOW N GO,LOW KMS **\$16,777**

05 DODGE GRAND CARAVAN SXT

PW,PDL,CR,TLT,AUTO,
A/C,STOW N GO,LOW KMS **\$15,777**

05 DODGE GRAND CARAVAN

PW,PDL,CR,TLT,AUTO,A/C,
STOW N GO, DVD,LOW KMS **\$13,777**

09 DODGE RAM 1500 SLT

4X4 HEMI, AUTO,
A/C,LOADED,LOW KMS **\$30,777**

08 DODGE RAM 2500 SLT

4X4 DIESEL, PW, PDL
AUTO,A/C,LOW KMS **\$36,777**

07 DODGE RAM 1500 SXT

PW,PDL,CR,TLT,A/C
4X4 HEMI,AUTO,LOW KMS **\$24,777**

06 DODGE RAM 1500 ST

4X4 HEMI, QUAD CAB
AUTO,A/C,LOW KMS **\$19,777**

06 DODGE RAM 1500 SLT

PW,PDL,CR,TLT,AUTO,
A/C,4X4 HEMI,LOW KMS **\$21,777**

09 JEEP LIBERTY SPORT

V6,LOADED,AUTO,
A/C,4X4,LOW KMS **\$22,777**

08 CHRYSLER ASPEN LIMITED

LOADED,4X4,LTH,A/C
SUNROOF,AUTO,LOW KMS **\$39,777**

08 JEEP GR CHEROKEE LAREDO

PW,PDL,CR,TLT,V6,
AUTO,A/C,4X4,LOW KMS **\$39,777**

08 CHRYSLER 300 LIMITED

LOADED,LTH,SUNROOF
AUTO,A/C,LOW KMS **\$25,777**

09 CHRYSLER 300 LIMITED

LOADED,LTH,SUNROOF,
AUTO,A/C,LOW KMS **\$28,777**

03 DODGE DAKOTA SPORT

QUAD CAB,PW,PDL,CR,
TLT,A/C,AUTO,CD,LOW KMS **\$8,777**

08 DODGE CHARGER DEMON

PW,PDL,CR,TLT,PSEAT,3.5LV6,SPOILERS,ALLOYS,HEATED LTH SEATS
A/C,CD,DEMONDECALS, FOG LIGHTS,LOW KMS

\$21,777

CL296640



08 CHRYSLER 300 TOURING

PW,PDL,CR,TLT,PSEAT,LEATHER,ALLOYS,
FOGLIGHTS,3.5LV6,LOW KMS

\$19,777

EN241937



09 DODGE DAKOTA SXT

PW,PDL,CR,TLT,PSEAT,LEATHER,ALLOYS,
FOGLIGHTS,4X4,4,7LV8,LOW KMS

\$27,777

EN705921



08 CHRYSLER SEBRING CONV'T

PW,PDL,CR,TLT,A/C,ALLOYS,
FOGLIGHTS,2.7LV6,LOW KMS

\$21,777

CL258218



DARTMOUTH
CHRYSLER JEEP DODGE
Where Nova Scotia Comes to Save!

469-9050
WWW.DDODGE.COM

*Price Plus Tax And Fees. See Dealer For Details.
Some vehicles not exactly as shown. + Payments are 84 month term, OAC.